

AUGUST

Youth 82

Win Some, Lose Some

Being
No. 2 Means
You Try
Harder

See Page 3

Is There a Hidden
Enemy in Your Home?
By Herbert W. Armstrong

Youth 82

August

VOL. II, NO. 7

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COVER: In tennis, like all sports, there is a winner and a loser. "Win Some, Lose Some," beginning page 3, examines ways to handle defeat and come out ahead. Photo by Roland Rees.

Letters

Researched King Tut

I just received my first issue of *Youth 82* (May). I think it is a wonderful magazine — the magazine I was looking for.

The article I liked best was "Who Was King Tut?" I did some research and found out that Ay, Tut's principal adviser was also called "god's father" and that he succeeded him on the throne.

The other articles were great too. I did learn a lot, especially with the lesson of the "Elephant Man." I think I do know how he felt.

Carlos Martinez
Melbourne Beach, Fla.

"Best Age for Marriage?"

Thank you for *Youth 82* and the article "What Is the Best Age for Marriage?" It's a terrific blessing to receive guidance and instruction in such an important area of life!

Bryan Johnson
Lincoln, Neb.

Making friends

I'd like to thank all those people who have written articles concerning the topic of making friends, for example, "Good Friends Are Forever," "Overcoming Shyness" and "How to Build Strong Friendships."

Before, I used to be shy, lonely and felt I had no friends. All those articles have really helped me because I now feel that I'm slowly coming out of my "shell."

I have found that if I really try hard, I can make friends easily, simply by smiling and saying "Hello." The Proverb, "A man that has friends must show himself friendly," is so true.

Maria Kennedy
Auckland, New Zealand

"Youth on Camera"

I am an avid reader of *Youth 82*. Please send me more information on how I can share with you and the many thousands of readers some of my photography on your back cover.

Brett A. Combs
Whitesboro, Tex.

To submit photographs for "Youth on Camera," just send us the print and negative with a description of the subject — who is it, where is it, what is happening. We prefer 35-mm. film, and all photos must be sharply focused. Photos should be of general interest to young people. We can't promise that your work will be published, but we certainly will be glad to consider it.

There's a Hidden Enemy in Your Home!

Have we been overlooking the very first lesson in true Christian living?

By Herbert W. Armstrong

There's an enemy in your home, probably. You haven't seen this enemy. But he's right in your family — he's made you all suffer — he's broken up many families, caused untold suffering and a world of unhappiness.

But you never saw him. He's kept hidden from your sight.

It's high time you opened your eyes and took a good look at him, so you can recognize him for the villain he is.

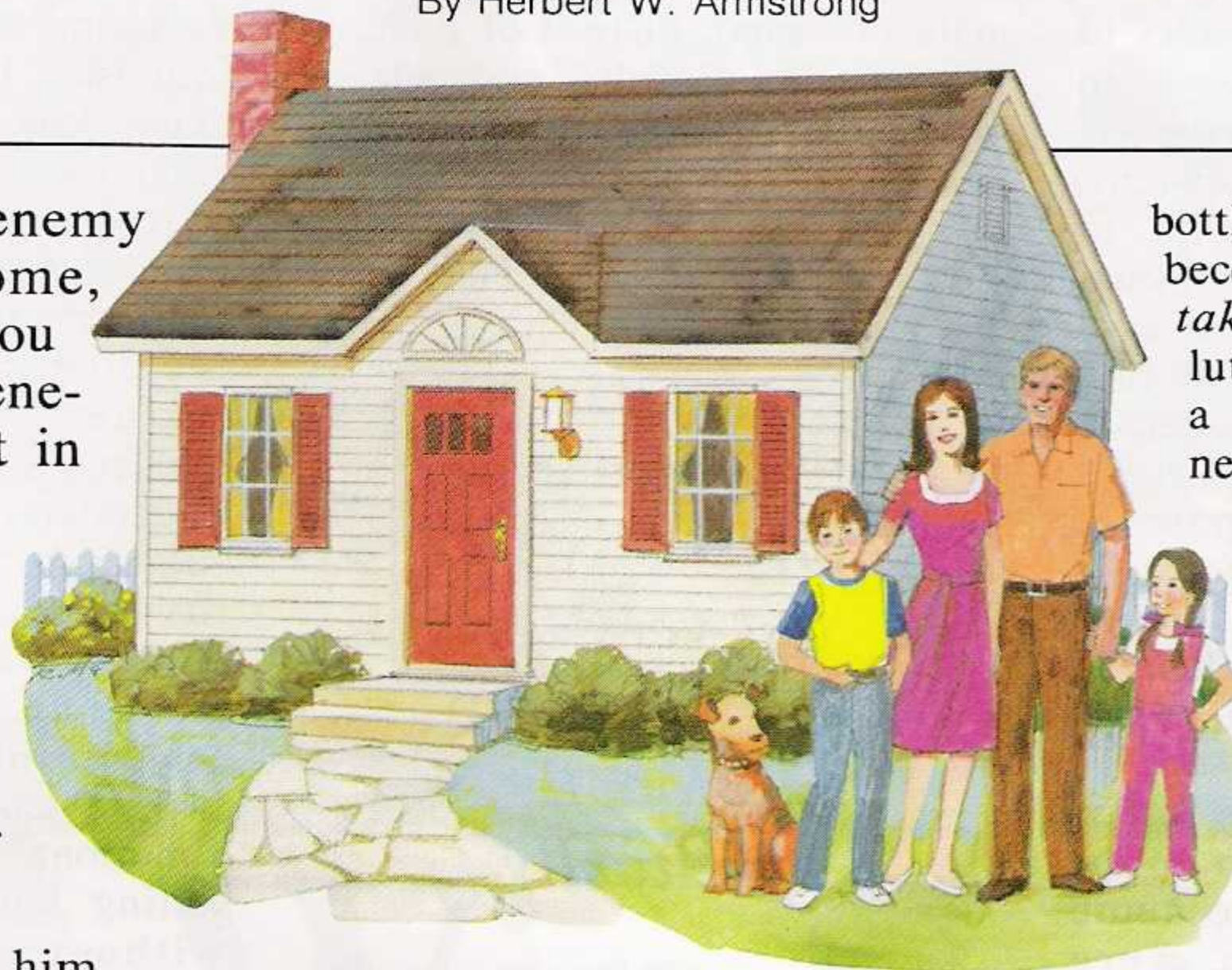
The psychologists call him "emotional immaturity."

But that's something many people know nothing about. It's something "educated" people talk and write about, but seldom understand.

What is emotional maturity?

It is not something to be learned about by college graduates. It is something that ought to be taught in the first grade — and taught to 4, 6 and 8 year olds in the home. It is the technical art of putting into practice the Ten Commandments. It is the real secret to human happiness. *But it is just not taught!*

How can parents teach their children, when they themselves are



emotionally immature? How can teachers instill emotional maturity in children when they have not grown up emotionally themselves?

Yet here is the real secret of ability to *live* the Ten Commandments. It's the real secret to Christian living and perfection. It's the real distinguishing mark of the truly educated person. That it is not realized and instilled in children while they are growing up — that it is not a required basic course of training in all colleges — is a terrible indictment against education, religion, society.

One author defines emotional maturity as development from the state of taking to the state of giving. Taking is the way of Satan. Giving is the way of God, and the principle of His law. *LOVE is giving.*

A little baby learns, generally, only how to *take*. He will take his

bottle, his rattle, his toy. It becomes his human nature to *take*. Humans know absolutely NOTHING at birth. But a baby responds to Satan's negative influence, develops a selfish nature and begins to reach out to *take* whatever attracts or tempts him.

Humans must be *taught* to give. Giving is something that *has to be* LEARNED. But how many begin teaching their babies this principle — the very *principle* of God's law and of true love?

What we overlook

Let us define it further. All human beings are actuated by their emotions. But do we ever stop to ask and analyze what *are* these emotions?

An emotion is a strong *feeling* — a disturbance — a departure from the normal calm state of rational thinking and acting — an *impulse* toward an action that has not been reasoned and approved by the mind. Among the emotions are such feelings or impulses as fear, anger, disgust, grief, joy, surprise, yearning. And first cousin to emotion are our *moods*. An emotionally immature person is usually one who is moody and has never learned to control his moods.

More and more I am impressed that one of the most important

Illustration by Ron McKee

truths we humans overlook is that human beings are not equipped with instinct, like dumb animals, to guide us into the proper course. Animals do not have the mind power, knowledge, ability to reason and mentally direct their actions. God endowed them, instead, with instinct that guides them along in the channel He intended.

God endowed man, in His own image, with MIND. Man must first learn and acquire knowledge. He is endowed, also, with capacity to reason from that knowledge — to think, to plan, to arrive at conclusions, to make decisions. God intended man's mind to direct his actions. But man must *learn* to do this, and he can never achieve God's PURPOSE in placing him on this earth until he does.

The development of right CHARACTER is the purpose of human life. And character is ability to come to right knowledge and wisdom and then to direct the mind and body into this right course.

But we poor humans act as though we believed man to be merely the highest of the dumb brutes — as if man were equipped with instinct, and the purpose of life were merely to ENJOY such feelings, sensations, emotions and moods as impulse attracts us to, *without thinking or mental direction!*

A tragic case

I once knew a tragic example, a man highly educated, whose life had been devoted to the field of education, assuming readily the responsibility of teaching others, when he himself had not learned this central truth of life.

His mind was stored with knowledge of science, history, mathematics, literature. He had knowledge of facts about the earth, the sun, the moon, the stars. He had acquired knowledge about many other *things*, but not about *himself* — his moods, his feelings, his drives, impulses and desires. He had not stopped to study and analyze them, let alone learn to control them.

As a child he had been pampered, petted, spoiled — permitted to have his way, never taught self-restraint, self-control or how to understand his moods, feelings and desires, and to control and guide them according to the sound reasoning of the *mind*, instead of impulsively following them without mental direction.

He was married, had a fine family, an honored position with rare opportunities. But letting *feelings, moods, impulses* dominate his mind, instead of making his mind rationally and wisely direct them, his marriage crashed, his home was broken up and he

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fled in fear from his high position and brilliant future. He not only wrecked his own life, he forced great sorrow, unhappiness and suffering on many others. His emotions had so dominated his mind that he came to see circumstances through the eyes of his feelings, and his understanding became warped and distorted.

Physically he grew to normal maturity, and was reasonably proficient in athletics. He possessed a number of university degrees. He was mentally mature so far as this world's faulty education instructs. But, emotionally, he was still somewhere between ages 8 and 12! And, sadly, his spiritual age was no older.

The great tragedy of our generation is that nearly all people mature physically, perhaps half to two thirds mature mental-

ly, *but very few ever grow up emotionally or spiritually.*

One is not a fully mature man or woman, as God intended, until *emotional* and *spiritual* maturity has been reached!

The time to start this emotional "growing up" is the same time mental training is begun. It should be started *in the home*, within the first months of a child's life.

Remember that training of the emotions involves control and right direction of feelings, tempers, impulses. It means control over anger, jealousy, hatred, fear, grief, resentment, selfishness, vanity.

And since the RIGHT direction is the way of God's law — and since that is the way of LOVE, and love is the principle of giving instead of taking — it means teaching children to use their own minds to understand their moods and guiding them in the direction of GIVING — of love toward others, equal with love toward self.

Yelling, loud talking, bursts of temper, rudeness — all these are lack of emotional "growing up." Emotional immaturity is simply letting human nature run sway without any control from a right-thinking, reasoning mind. Children need to be taught to let their MINDS direct their natures properly and wisely.

I remember the first funeral I was called on to officiate. At funerals many people let their emotions of grief run uncontrolled. A great fear seized me. I was afraid I would not be able to keep calm and control my own feelings, and I knew I must do that and, with calm tenderness and sympathy, comfort the bereaved. I was much younger then, and in the emotional struggle that went on inside my mind over ability to carry this responsibility, I began to go to pieces.

I announced to my family I just couldn't do it. We were at the time visiting in my father's home, and he came over to me, put his hands on my shoulders, and calmly shook me, saying in a voice of authority with which he had not spoken to me since I was

(Continued on page 26)



Win Some, Lose Some

By George Kackos

The thrill of victory — or the agony of defeat. Sports (and life) are set up so we are always experiencing one or the other.

Nobody wins all the time — we've all had to swallow the bitter medicine of being beaten.

Take Olympic gold medalist Harold Abrahams for example. He had not been beaten until his

race against Eric Liddell. The film *Chariots of Fire* portrayed the anguish and self-doubt he suffered after losing.

He shook off his despondency and went on to win at the Olympics, but other losers have been devastated by defeat.

When we lose, depression can take over. Losing can make you feel like you're a failure. It can even lead you to dislike — even hate — your opponents, teammates and/or yourself.

Some even break rules to avoid

doing poorly or losing, like students who cheat on tests or athletes who violate playing regulations.

Since you have and will experience losses, why not view them positively and avoid all of the negative results? Wouldn't it be nice to leave a contest feeling good about yourself and others even if you were beaten? There are ways to handle defeat and actually come out ahead.

Of course, you don't go into any contest expecting to lose —

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results?

you've got to give it your best effort or you'll be defeating yourself. If you don't do your best or give your opponent a challenge, what benefit will your opponent receive? It's not really fun to win easily. And it's definitely not fun to lose without making a valiant attempt to win.

But if you lose and you have given it your best, you have nothing to be ashamed of. You don't need to suffer depression and self-doubt.

There will always be things you could have done better, of course. But worrying and blaming yourself won't solve the problem. The

answer is to use your loss to help yourself improve.

Any time you lose it's a time of soul searching. Losses make you stop and think, What went wrong? From that question come the answers that improve your future performance.

What would you do if your team had lost to another team in your league for 19 straight years? Would you say, "It's not worth trying — they always win"? Well, the college football team from the University of Wisconsin didn't give up — they learned from their losses. When they finally beat Michigan after 19 years, Wisconsin was ecstatic to say the least.

And the Michigan team was made better by learning from its loss. Notre Dame, then the top-ranked team in the United States, played Michigan the week after the loss to Wisconsin. The results: Michigan 25, Notre Dame 7!

Losing can do that for you. It can make you better; you evaluate mistakes, make adjustments and do a better job next time.

One of the most important lessons we can learn from losing (and we all lose at one time or another) is to stick with our goal. Sports are full of examples of people who kept going in spite of the obstacles. The extra effort and quick thinking required to come from behind and beat the odds can be inspiring.

Take, for example, one of the greatest mile runners of all-time, Glenn Cunningham. He was told at age 8 that he

wouldn't walk again because of a severe burn. But he, like many other dedicated athletes, wouldn't let serious hardships deter him from his goal.

Athletes with this kind of perseverance don't try to avoid opponents who could beat them. A winning opponent can motivate you to do your best. If your

opponent is quite skillful, you are given a challenge, and part of the fun of sports is to do your best to meet that challenge.

If you didn't quite meet the challenge this time, you can congratulate your opponent for the skill he showed (which must be exceptional since he beat you!).

There are other things more important than winning. Today's philosophy is "Winning isn't everything, it is the only thing." Isn't winning the ultimate experience?

Yes, winning can be a good, enjoyable experience. God is not against winning. In fact, He encourages it: "Know ye not that they which run in a race run all, but one receiveth the prize? So run, that ye may obtain" (I Corinthians 9:24).

What God wants is for us to win without hurting others in the process. Editor-in-Chief Herbert W. Armstrong has emphasized the importance of competition that helps your opponent.

This means playing by the rules. This allows the game to be played in a better atmosphere — an atmosphere that minimizes injuries, unjust advantages and harsh feelings.

Too often people develop hostility in the heat of competition when even friends become enemies. This may happen among teammates who become jealous about a team member's superior ability or upset at a poor performance by a fellow player.

The pressure to win has destroyed much of the proper concern for others that sports contests should build. Leaving as friends after competing is far more important than winning but becoming enemies.

God's way encourages you to win but not at the expense of others or yourself. God's way allows you to lose without feeling like a failure because you did your best.

No, it is not easy to lose. It still hurts but these principles can lessen the hurt and increase the benefits.

There is more to life than winning! □



Whether it's stretching for the finish line at an Ambassador College track meet (pictured above) or a friendly game of tennis, in any sport there will be winners and losers.

One of the keys to success in athletics is to learn how to handle defeat and make it work for you.

(Photos by Nathan Faulkner)



Photos by Grace Southler, Cameron-Sigma

'Mom, Why Are You Crying?'

By Yoland Chango

On one sunny, spring day as all of us girl and boy scouts were returning from a field trip to some of the ancient sites in Lebanon, our buses were stopped.

A soldier climbed each bus to tell the drivers to take a different route around the city of Beirut.

"But why, what's happening?" asked one of the bus drivers.

"No time to explain. Just take the children home and fast," demanded the soldier.

After a long tour around the city, we finally arrived home. My mother greeted us as if she had not been expecting us to get home safely.

My brother and I told our parents about the trip, the huge stones we saw and the dark, cold caves we visited. Then they told us the bad news — this had been the last trip we would be able to take for a long time.

That wasn't all. Schools were closing down for a few days (which became nearly two years!). But what was really bad

was that we had to stay inside. We couldn't play outside in the playground or get out on the balconies or even peek out the windows!

"Why do we have to do this?" I asked.

"War," came my father's reply.

War in the streets

I'd heard about wars before. But they had been far off in places called battlefields. This time it was different. The war was outside on the streets, between the homes.

"Mom, what can we do here inside — it's boring!"

"You be bored. It's always better than getting killed! Just go watch television right now."

Switching the screen on, my brother exclaimed: "Cartoons! Great, let's watch!" But it wasn't long before the lights and television went off. Our electricity was gone.

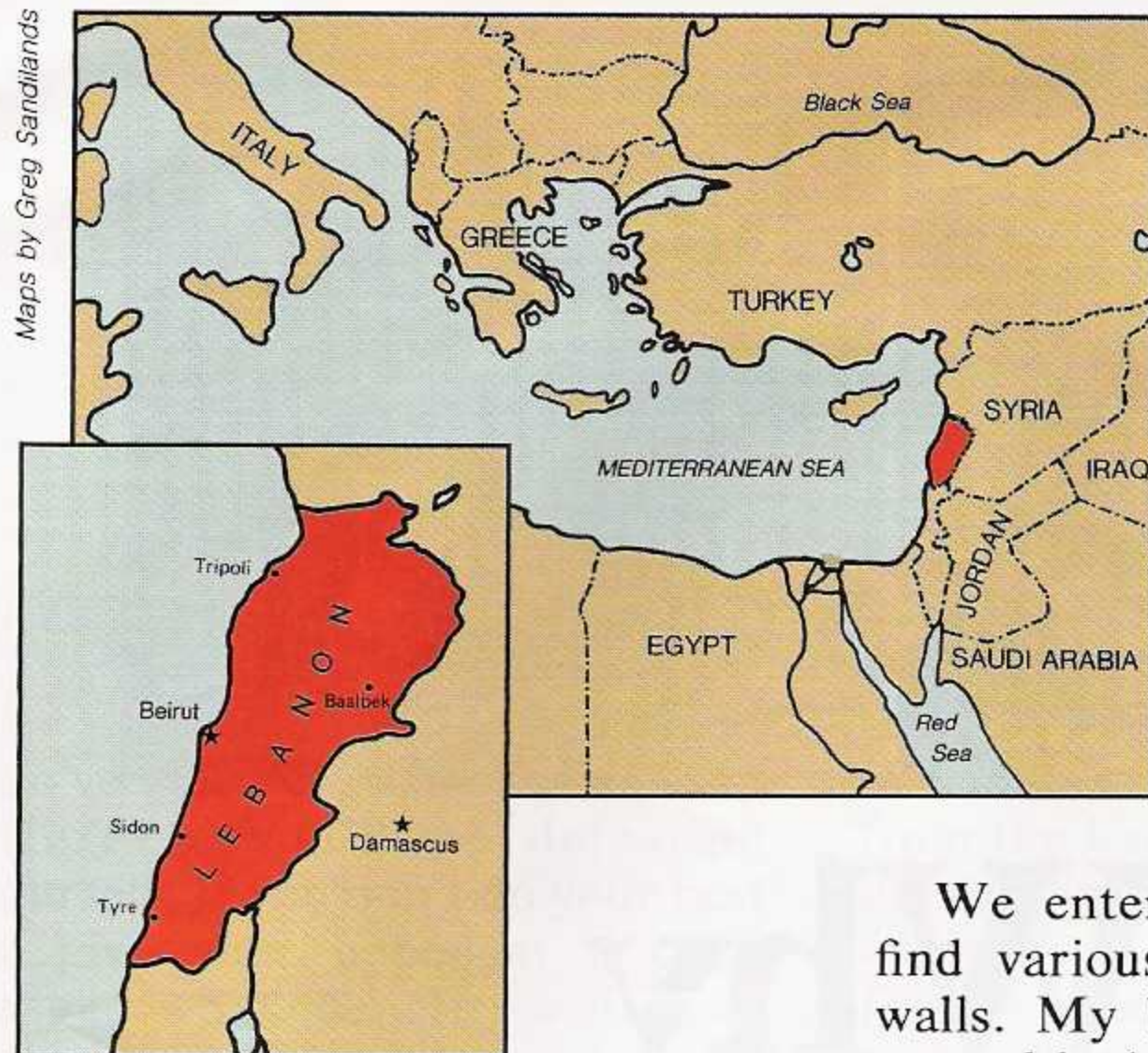
"Henry, go get the candles from the kitchen," my father called from somewhere in the darkness.

Hurriedly, and with great difficulty, hitting tables and running

into walls, my brother tried to get into the kitchen. After a while, however, walking in the dark was not hard to do. We all mastered it, since electricity was gone for eight months. As a result, we lost the use of refrigerators, electric stoves and other electrical equipment. Our life-style went backward in time, from microwave ovens to stone ovens, and from electric freezers to ice boxes.

Things like pulling buckets of water from an old dilapidated well kept us busy for the few hours that we had of the day, since we couldn't go to the playgrounds. We knew once the sun started to set, the same old thing would happen again: Guns would start firing and bombs exploding, killing people and destroying homes. Distressing noises would be heard again like the screaming of the soldiers and crying of terrified children.

One incident I remember vividly happened at about 10 p.m. My mother, my grandmother and my uncle were still up, discussing the latest news. My father had gone to Iraq to work to be able to support us financially. My brother and my sister were asleep, and



I was up reading by candlelight.

Suddenly, a loud noise was heard, followed by the sound of breaking glass as the building shook my brother and sister and me out of our beds. Our mother was already there to take us down to the bomb shelter, the dirty and cold basement of our building where most of the neighbors were already gathered.

My sister, who was 2 years old at the time, and the other children were holding on to their mothers' necks with both arms, silently. It seemed like there were no tears left in their eyes to cry. Their small faces turned white and their eyes were wide open. Every time a bomb fell on the neighborhood, which was happening about every 10 minutes, they would jump, their trembling hands gripping tighter to their mothers.

Looking around to the other side of me, I remember seeing some of the men playing cards to keep their minds off the fight, while the older women tried to keep the spiders off the sleeping children and watch those who were awake play war games — the only kind of game familiar to them now.

Emerging from underground

This lasted for two days, until finally Mr. Maalouf, our neighbor, announced, "Things have calmed down; you can go upstairs to your homes now."

As soon as the children heard Mr. Maalouf, they began running up the stairs, leaving the weary basement behind and ignoring their mothers, who were yelling, "Slow down, kids — be careful — the fight could start again any minute!"

We entered our apartment to find various bullet holes in the walls. My brother and I rushed around looking for bullets, for we had developed the hobby, as small children did those days, of collecting different types of these small missiles. Collecting stamps was hard to do at that time.

A few days passed by and my mother heard that a relative had been killed. To fulfill her duty, she went to the funeral along with my grandmother, leaving me to baby-sit my sister. While my brother and my uncle were out for some other reason, I was left alone with my sister.

Having nothing much to do, I decided to open the doors leading to the balcony and sit near the entrance. Familiar faces were passing by, so it was relatively safe. The afternoon light shone in, allowing me to read the comic magazine to my sister, who was sitting on my lap, eating candy out of a small jar.

"Oops! Pick it up."

As my sister started to descend from my lap to retrieve the piece of candy she had dropped, we heard a familiar noise.

A noise of war

"A bomb!" I screamed, throwing my body over my sister. She began crying as that hissing sound suddenly turned into a loud explosion. I grabbed my sister and began running through the apartment into a hallway where the rest of the neighbors on our floor were already standing. They took my sister from my hands.

Her hand was bleeding from being cut by the broken candy jar and so was mine. Oblivious of the pain, I ran back inside to close the wooden doors to the balcony and get a cloth to clean my sister's wound. As I did so, I looked to see where the bomb had fallen.

"Ah, sick!" Not far from our second floor balcony was a pool of blood, and in it lay a few parts of a body. I later discovered these were the remains of a mother and her child, whom I had seen walking down the street earlier.

I began shaking as I looked at this anger-arousing scene. I closed the doors and went back out to my sister. After having lived through this ugly civil war for nearly a year and a half, I now had seen a picture that summed up its wretched horrors.

The neighbors looked at my white face, questioning what had happened to me. "Someone was killed. There's a pool of blood on the sidewalk," I told them.

It wasn't long before the rest of my family was home. We all headed for the bomb shelter again, wondering how long we would be staying there this time.

Sitting beside my mother, I heard her sob. Looking at her face, I saw the tears pouring from her eyes.

"Mom, why are you crying?" I asked with a lump in my throat.

"Elle, your cousin, was kidnaped and now they think he's dead. They can't find him or even his body anywhere," she told me. I hadn't known Elle very well, but I began crying too. I had been wanting to do that since seeing that bloody scene.

For my family this nightmare ended when we left Lebanon for America in 1977. Yet the suffering there and in other war-torn parts of the earth continues.

Knowing God's plan gives me the assurance of knowing that someday soon Lebanon will become more beautiful than it once was and it will have peace. After living through the nightmare, I can't wait for the dream to come true. □

'Is Anybody Watching Me?'

We'd been looking forward to this concert for weeks. Why should it matter to us what the younger kids might do?

By Jeff Zhorne

The impact of setting an example hit hard a few years ago when three friends and I planned to see a particularly metallic rock group in concert.

"Can't wait until tonight," we said that day at Church services.

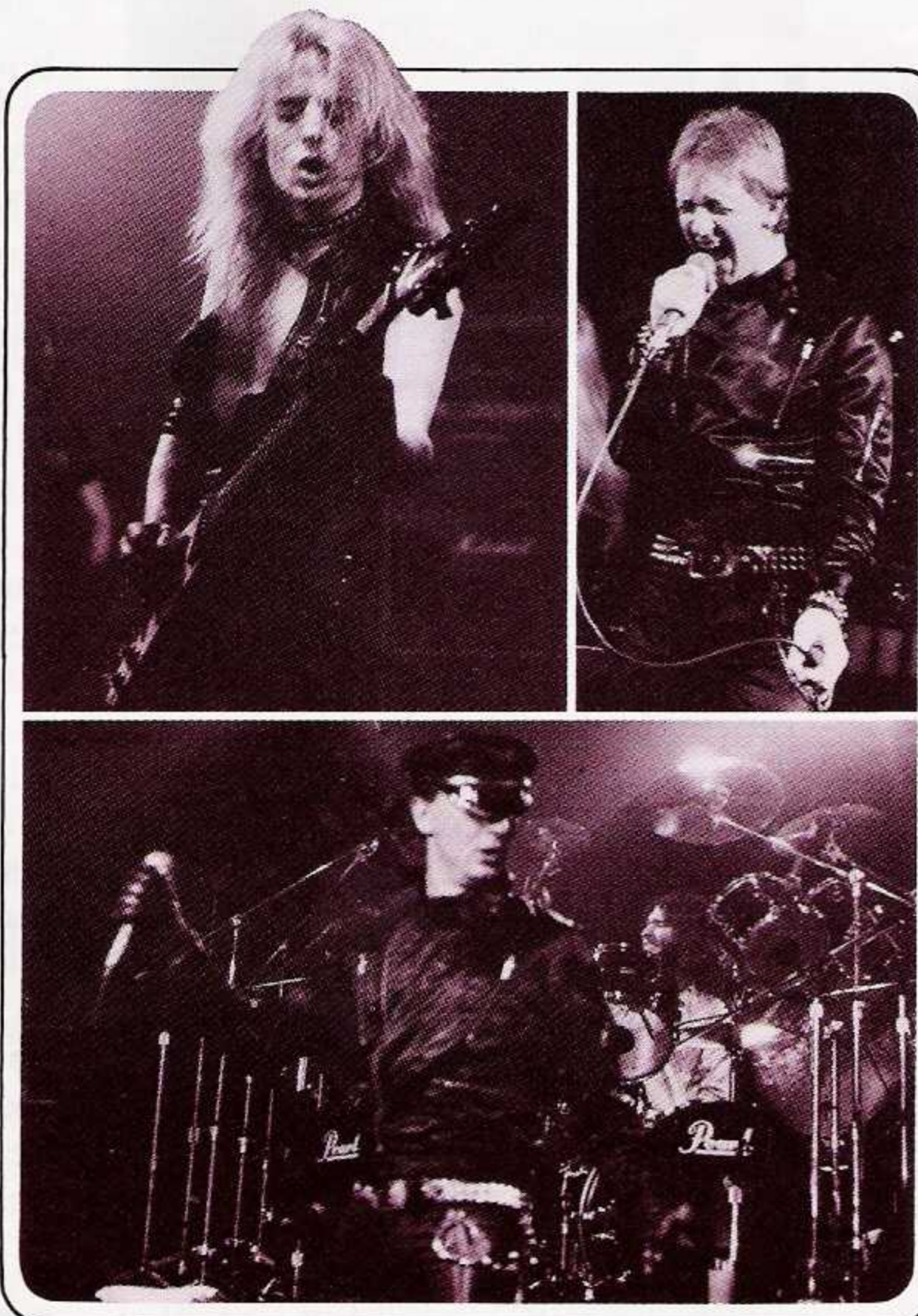
Most of us sat fidgeting impatiently and couldn't have told you if the minister was talking about solving the world's problems or solving Rubik's cube.

There! Finally services were over. "Let's grab something to eat, change clothes, then head out to the convention center," one of my friends suggested, as we got ready to leave the building.

Then our minister came over and started talking with us. He casually asked us what plans we had for that night. "We're going to see a concert," I answered. "Oh," he said. "Do you know some 10 and 11 year olds and young teenagers are watching to see if you guys go?" (He knew all along!)

Then he said something about how our decision to go would affect the youngsters and their parents.

"I'm not telling you not to go," he explained, "but I would rather you didn't because the kids will think acid rock is OK. Then they'll insist on listening to the



group's records at home, and, well, can you imagine the problem that could be for their parents? You guys think about it."

I softly kicked the floor, and a couple of the guys lowered their heads. Our minister said a few more words then walked away.

"Well, they shouldn't be watching us! Come on, guys, who cares about what the kids think?"

Example touches others

An example is a pattern — good or bad — that is or is not imitated by others. It's difficult to escape influencing others by our example.

Are we responsible for what people see?

My father used to tell me, "The best thing you can have is a good name." Then words from Solomon would pop up: "A good name is rather to be chosen than great riches, and loving favour rather than silver and gold" (Proverbs 22:1).

But what real difference would four guys going to a rock concert make anyway? And what would our friends at school think if they found out we didn't go just because of a minister's suggestion?

An article last year mentioned something about that. "You have no reason to impress anyone, no reason to defend yourself. In the light of the Kingdom of God, it really does not matter what 'they' —

your peers — think, or for that matter, what anybody thinks. It's far more important that God is honored throughout your life." ("Do You Dare to Be Different?", September, 1981, issue.)

Writing in response to that article, Susan Bumbulis said: "I am a junior in high school and I have found that it is always best to let your friends know your standards from the very beginning.

"If you ever get into a situation where your friends pressure you into doing something you know is wrong, let them know where you stand and remember your manners when you are doing that. Don't

(Continued on page 28)

NEWS THAT AFFECTS YOU

Good News Beyond the Bomb!

• On Aug. 6, 1945, Col. Paul Tibbets Jr. piloted the *Enola Gay* into position over his assigned target: Hiroshima, Japan.

Only Col. Tibbets and two scientists on board knew what the strange-looking bomb the plane was carrying really was. When the target was in sight, Major Thomas Ferebee, bombardier, released the 10,000-pound bomb.

What they saw as the device detonated 1,850 feet above the city was almost unreal. With a flash of light and an ominously growing mushroom cloud, the age of nuclear warfare was born.

For 37 years, this month, we have lived under the shadow of "The Bomb." Today many nations have nuclear weapons. Still more have the potential to build them.

A growing number of people are deeply concerned about nuclear war. In a recent poll, 63 percent of Americans believe that a nuclear war between the United States and Soviet Union is likely by the year 2000.

The Bomb. What is this device we all fear? How does it work? Few people really know, yet the answers are quite simple.

An atomic bomb like the one dropped on Hiroshima works on the principle of "fission" — the process of splitting the nucleus of an atom of uranium 235. (The nucleus is the heavy mass



at the center of an atom.)

In simple terms, this type of bomb works like a game of pool (billiards). The pool table represents the bomb cylinder. At one end of the table is the cue ball (representing half the quantity of U-235 necessary to produce an explosion). At the other end of the table are 15 balls (the other half).

A cue stick (like an explosive charge) strikes the cue ball, sending it into the other balls and scattering them in all directions.

When the two halves are thrown together in an actual bomb, a single nucleus is first split, which in turn splits other nuclei. The process, called a chain reaction, continues until 2,000,000,000,000,000,000,000,000 atoms have been split!

As each nucleus splits, it releases a neutron particle and gamma radiation (like X rays), which scatter like the balls on the pool table. As they do so, they heat the mass to a temperature of 10 million degrees Fahrenheit (hotter than the surface of the sun) causing an enormous explosion. This entire process takes only one

millionth of a second!

When the so-called Little Boy bomb exploded over Hiroshima, it had the explosive power of 15,000 tons (15 kilotons) of TNT! Today, there are 50,000 nuclear warheads around the world poised to unleash the strength of one million Hiroshima-size bombs! That's three tons of TNT for every human being on earth!

Hiroshima stands as a stark reminder of the awesome destructive potential at our disposal.

The good news is that man will not be allowed to destroy himself. God will step in at the last minute to prevent total human extinction (Matthew 24:21-22).

And then will begin a new and better age, when the power of the atom — if it is used at all — will be used to build rather than destroy. — *By Dan Taylor* □

Where There's (Less) Smoke...

• Cigarette smoking is decreasing among high school and college students in the United States, several studies show.

A survey of 17,000 high school seniors done by the University of Michigan showed that the number of seniors who smoked one or more cigarettes a day declined from 29 percent in 1977 to 20 percent in 1981. The 1981 seniors also showed overwhelming (70 percent)

personal disapproval of regular cigarette smoking.

A 14-campus survey of college students also showed a decrease in smokers and a general agreement that cigarette smoking is an unhealthy, bothersome habit.

This trend among young people is part of the overall decrease in the number of smokers. About one third (34 percent) of adults smoke, down from 42 percent in 1965.

Why the decline in smoking? Many of the 30 million Americans who have quit did so because of the health risks. According to the World Health Organization, a smoker doubles his risk of dying before age 65 — no wonder smoking has been called “slow-motion suicide”! □

Choose Your News

• “Why doesn’t the television news cover more details of the subjects I’m interested in? They spend so much time on things that don’t matter to me at all!”

Television news can be an effective way to keep up on current events. Often, however, television news is not in-depth. It gives you the basic information, without much detail. Also television news may not even cover some subjects that interest you. A way to be more selective and better informed is to read the news that is important to you.

The Plain Truth magazine can give you important insight each month on why certain events are happening. Weekly newsmagazines can give you background to those events. But on a daily basis, a good newspaper can be your best source for immediate news.

An 84-page daily newspaper can be frightening to the

COUNTRY IN FOCUS: Japan

What comes to mind when you think of Japan? Paper houses? Samurai warriors? Bonsai trees? Sumo wrestlers? Cherry blossoms? Compact cars? Transistor radios? The destruction of Hiroshima? Bustling Tokyo?

To many Westerners, Japan is a strange and paradoxical country. A blending of traditional and modern influences in Japan has produced a truly remarkable society.

The Japanese call their country *Nihon*. *Ni* means sun. *Hon* means source or origin. Thus, *Nihon* means “source of the sun,” or, as it is more commonly rendered, “Land of the Rising Sun.”

Japan consists of four main islands and nearly 3,000 smaller ones. They stretch north and south in an arc for more than 1,200 miles along the east coast of Asia. In land area, Japan is smaller than the state of California, yet it has a population of 120 million — fully half that of the entire United States!

Three quarters of Japan’s

people live in or around the cities. Bustling Tokyo, Japan’s crowded capital, has nearly 12 million people! Of course, land there is very expensive. In the most desirable business districts of Tokyo today, land is so costly that a piece as big as the page you are now reading would cost nearly \$1,000! (That’s more than \$66 million an acre!)

After the destruction that came on the Japanese main islands at the end of World War II, Japan made an amazing recovery. Besides the two atomic bombs, fire raids brought destruction to every major city except Kyoto. Yet Japan quickly rebuilt, becoming a leading industrial nation.

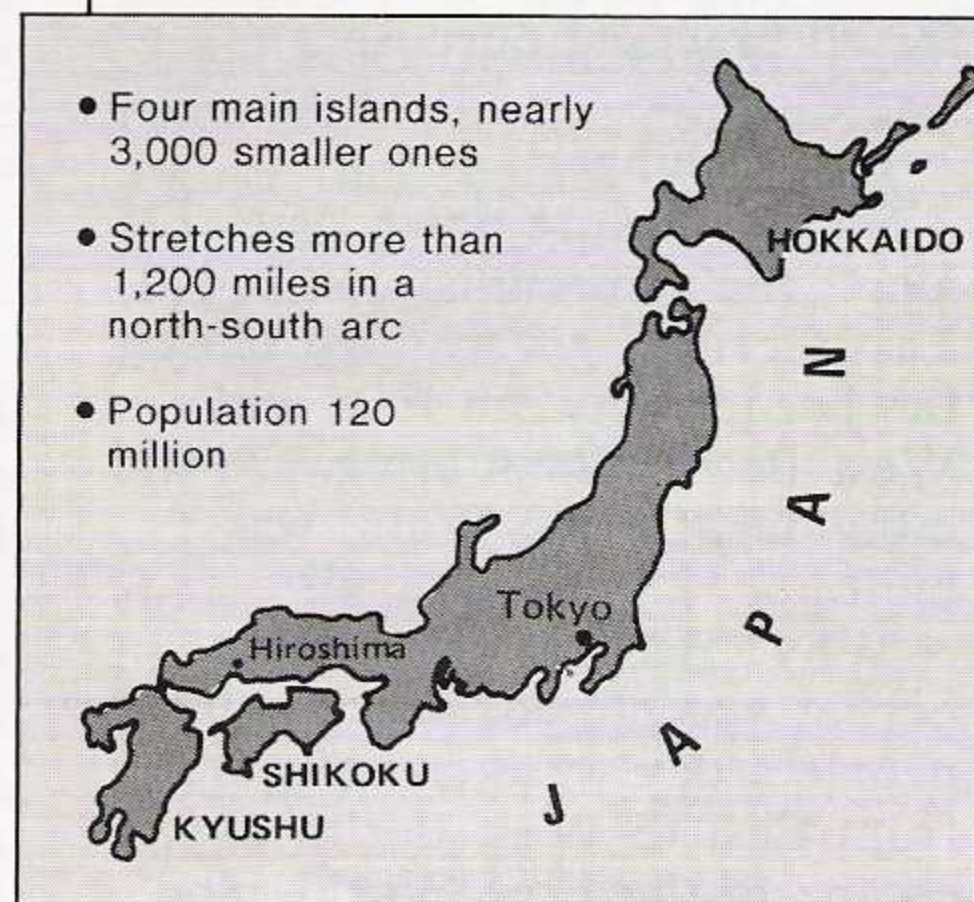
Modern Japan is the third most important industrial nation after the United States and the Soviet Union — and the world’s second greatest trading nation. The Japanese enjoy about the same standard of living as Americans.

This is remarkable in light of the fact that Japan is a country without any major natural resources! It lacks iron, petroleum and coal — the three most important minerals needed by an industrial country.

How does Japan do it? Japan buys vital raw materials from other countries, uses them to manufacture a wide variety of products, then exports these finished goods to countries around the world.

Japan is a complex and an exciting country. You might want to check out a few books about Japan from your public library. You will learn additional things of interest — such as the fact that there are three or four earthquakes a day in Japan! (But most of them are barely noticeable.)

What things can you discover about this ancient and exotic land? — *By Keith W. Stump* □



inexperienced newspaper reader. Where do you begin, especially when you have a limited time schedule? Understanding how a newspaper editor thinks will help you to use your time to the best advantage.

The most important page of a newspaper is the front page. The responsible editor will put the day's most important stories on that page. Also, the most important of the important stories will be above the fold.

The good editor will have headlines that tell the story. If you have limited time to read the newspaper, read all the headlines on the front page first. That will give you an idea of current events. To get more than an idea, you definitely will need to read more.

Every good newsstory starts with a "lead." Ideally, a lead capsules the story in one sentence, the first sentence of the story. It is an overview of the whole story. The rest of the story gives less important detail.

If you could read the headlines and leads of the stories on the first three pages of a newspaper, you would stay informed on daily news. You would not know the political, emotional and logistical implications of international politics, but you would have a grasp of current events.

Some daily newspapers also have a summary section of the leading stories of the day. If your paper has one of those columns, read that daily too.

Remember, with a newspaper you can read what you want. Unlike television or radio news, you can be selective and study what is interesting or important to you. You can read these articles for your personal interest when you have the time. And if you are like me, after you study current events daily, you will want to find that extra time. — *By George Hague* □



The 'Wall of Shame'

- How would you feel if you woke up and discovered that during the night the eastern and western halves of your city had been sealed off from one another?

What would you do if you were told that you were no longer free to visit friends and relatives across town?

And what would you do if a huge wall of concrete blocks and barbed wire was hurriedly built down the center of town, manned by armed guards to make sure that you complied?

Twenty-one years ago this month, thousands of shocked citizens in the eastern sector of the German city of Berlin found themselves in this very situation!

Though the city had been divided administratively following World War II (with the Soviet Union taking charge of the eastern part), it had been, for all practical purposes, a single city.

But no longer!

Shortly before dawn Aug. 13, 1961, the communist-controlled East German government closed the border between East and West Berlin. Soon afterward the infamous "Berlin Wall" was built.

Why? Because before the border was closed, nearly 1,000 people a day were crossing over from East to West Berlin to escape to the Free World. The East German government felt it

could no longer allow that drain to continue.

Today, 21 years later, the wall still separates communist East Berlin from noncommunist West Berlin. Many Germans refer to it as the *Schandmauer*, the wall of shame.

The wall is ugly to look at. It looks like the outer walls of a prison. Slabs of concrete and stone were haphazardly thrown together.

Today, if you were to try to get over the wall from the East Berlin side, you would first have to go through a 50-yard no-man's land full of tank traps and land mines, and patrolled by troops with guard dogs.

If you were able to reach the wall, you would find it to be 9 feet high and topped with electrified barbed wire.

The 836-mile border between East and West Germany is also well fortified — a much longer version of the Berlin Wall. Last year only 61 people successfully fled across this border from East to West. Many others died trying.

The Berlin Wall is the symbol of a divided Germany, and a divided Germany is the symbol of a divided Europe. Many Germans long for the day when the two Germanys will be once again united. Recently, hopes were raised for eventual German unity when West German Chancellor Helmut Schmidt met with East German Chief-of-State Erich Honecker. This was the first meeting between leaders of the two Germanys in 11 years.

Some observers believe German unity will come only within the context of overall European unity. And Bible prophecy reveals that Europe will unite in the days just ahead!

But until that unity comes, the "wall of shame" will continue to stand as a monument to the national division of the German people.

— *By Ron Toth* □

How could God allow a man to lie to his father, steal from his brother, and as a result inherit the finest chunk of real estate on earth?

Have you ever wondered why God let Jacob get away with stealing Esau's blessing? Why was he unpunished for committing such an underhanded, deceitful act?

Should we assume from this Bible example that God rewards liars and cheaters? Is this the way to get ahead in the world? It certainly seems to have worked for Jacob. Or did it?

To find the answers to these questions turn back to one of the most intriguing events ever recorded. It begins in the 27th chapter of Genesis.

Here we find Isaac, the father of Jacob and Esau, growing old and his eyesight dimming. Years earlier God had promised Isaac tremendous physical wealth for his descendants. We know today that the inheritance promised Isaac was the United States and British Commonwealth of nations — the greatest physical inheritance ever enjoyed by any people. (For more details, send for your free copy of *The United States and Britain in Prophecy*.)

The first four verses of Genesis 27 tell of Isaac's instructions to his favorite son, Esau, to go hunting and bring back some venison to prepare a special meal before this blessing of future national wealth was passed on to him.

Isaac's wife Rebekah heard these instructions and hurriedly found Jacob. She commanded him to fetch two young goats from their flock so she could prepare them disguised as venison. Isaac's eyesight was so dim he could not recognize his own family, and it was her intention to send in Jacob, her favorite son, to receive the blessing instead of Esau (verses 5-10).

Jacob was leery of the idea at

He Got Away With It-Why Can't I?

People today seem to be getting away with more all the time. But you wouldn't expect someone in the Bible to lie and cheat and get away with it, would you?

first. He had confidence his mother could do her part in the kitchen, but was not sure he could pull off his part. Esau was unusually hairy while Jacob was smooth skinned. He was afraid his father would touch him and detect the difference. This would spell more trouble than it was worth (verses 11-14).

To Rebekah it was not a matter of pulling something off, but of putting something on. "And she put the skins of the kids of the goats upon his hands, and upon the smooth of his neck" (verse 16).

Convinced and determined, Jacob entered into his father's presence. Isaac asked who it was. "I am Esau thy firstborn," Jacob responded. "I have done according as thou badest me: arise, I pray thee, sit and eat of my venison, that thy soul may bless me" (verses 18, 19).

Isaac's suspicions

Isaac was immediately suspicious. "How is it that thou hast found it so quickly, my son?" "Because the Lord thy God brought it to me," Jacob piously replied (verse 20).

Isaac sensed something was amiss. The voice did not sound like that of Esau. "Come near, I

pray thee, that I may feel thee, my son, whether thou be my very son Esau or not" (verse 21). Jacob cautiously moved forward and presented the back of his skillfully gloved hand as Isaac reached out to meet him.

Isaac was puzzled. "The voice is Jacob's voice, but the hands are the hands of Esau. And he discerned him not, because his hands were hairy, as his brother Esau's hands" (verses 22, 23).

Jacob gave a mental sigh of relief. The deception was working, and the hardest part was now past.

Following his meal of mock venison, Isaac confirmed the birthright blessing by conferring on Jacob the greatest physical blessing this world has ever known (verses 28, 29).

Shortly after Jacob left Isaac's presence, Esau came in with his meal looking forward to the blessing his father had reserved for him. It took a minute before they both realized a terrible mistake had been made. When he realized what happened Isaac "trembled with a great trembling greatly" (verse 33, literal Hebrew).

Esau reacted no less dramatically. "He cried with a great and

exceeding bitter cry, and said unto his father, Bless me, even me also, O my father" (verse 34).

Heartsick, Isaac replied, "Thy brother came with subtilty, and hath taken away thy blessing." Esau lamented, "Is not he rightly named Jacob? [meaning supplanter] for he hath supplanted me these two times" (verses 35, 36). The first time was when Jacob got the birthright from a



Illustrations by Basil Wolverton

starving Esau by giving him food (Genesis 25:29-34).

Isaac knew the blessing was irreversible. The only blessing he could give his older son was more like a curse than a blessing. To Esau and his descendants he said, "By thy sword shalt thou live, and shalt serve thy brother" (verses 39, 40).

Up to this point everything seems to have gone Jacob's way, but things were about to change. Esau hated Jacob because of his blessing, and determined to kill him after his father died. Rebekah heard about Esau's intentions and moved quickly to get Jacob out of the country. She instructed him to go to her brother, Laban.

At first Jacob and Laban seemed to hit it off well. Laban took a liking to the young man and offered him a job. Jacob was head over heels in love with Laban's daughter, Rachel. Willing to show how highly he prized Rachel, he offered to work for Laban for seven years if he would give her to him to be his wife. Laban readily accepted (Genesis 29:14-19).

A labor of love

Jacob's love for Rachel was great, and the years quickly passed. After seven years he asked Laban to fulfill his part of the arrangement. Laban responded by putting on a lavish feast that lasted all day.

Jacob did not know, but was about to learn a living law of God. If you sin against God, "be sure your sin will find you out" (Numbers 32:23). Jacob's sins were ready to find him out.

All day Laban kept his guests happy with a ready supply of wine — especially his guest of honor and soon-to-be son-in-law. He purposefully waited till after dark before presenting his veiled daughter to Jacob.

Laban figured under these circumstances Jacob would not detect a preplanned switch, and

Esau had already lost his birthright to Jacob in exchange for some food. When Jacob took the blessing as well, he had to flee for his life. Jacob had a real shock when he found he'd married Leah!

he figured right. Jacob didn't. It wasn't till the next morning that he discovered Laban did not give him beautiful Rachel for his wife, but her less attractive sister, Leah (Genesis 29:21-27)!

Jacob's reaction the next day was one of total disbelief (verse 25): "What is this thou hast done unto me? did not I serve with thee for Rachel? wherefore then hast thou beguiled me?"

"Why me?"

All the ordinary questions must have run through his mind. "Why me?" "What did I do to deserve this?" "How could you do such a thing?" But he no more than thought the questions than a haunting, painful memory answered them all. Seven years earlier it was he who was the deceiver.

Even Laban's explanation of why the switch was made must have slashed away at Jacob's conscience. "It must not be so done in our country, to give the younger before the firstborn" (Genesis 29:26).

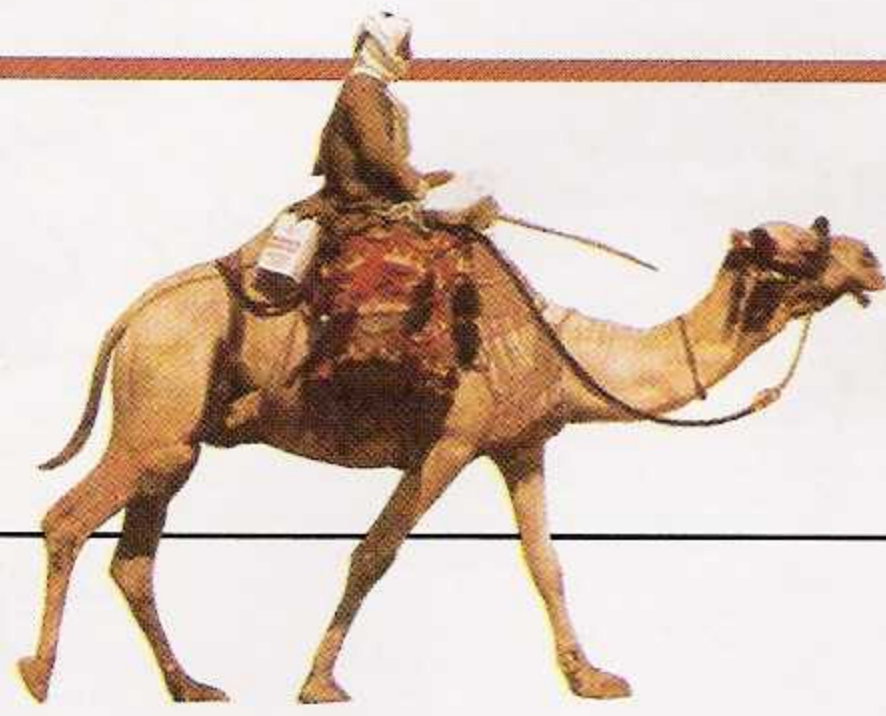
Jacob worked seven more years for Rachel. Whenever he became discouraged over his own plight, his memory reminded him of his brother Esau and his father Isaac, and how they must have suffered as well.

But God was also merciful to Jacob. He made him rich during the time he worked for Laban, gave him 12 sons and numerous daughters, and finally softened Esau's heart, allowing their tearful reunion.

As for the blessing, some may still think Jacob got away with something — that the trouble was worth the blessing. And what about poor Esau?

The simple answer is God determined before Jacob and Esau were born that Jacob would be the recipient of the blessing (Genesis 25:23). All Jacob got for his underhanded efforts was what God was going to give him from the beginning, plus a healthy dose of heartache and trouble. It looks to me like he didn't get away with anything worth having.

What do you think? □



By Keith W. Stump

Ships of the DESERT

The camel is a desert miracle! Thriving in its harsh environment, the desert cargo carrier poses problems for evolution.

Few animals are as strange and as remarkable as the camel.

Many of you have probably seen this great humped beast at a zoo. What a mangy, unusual-looking creature. That ungainly walk, that funny hump, that foul breath — and those weird whines and groans it makes!

But to the Bedouin Arabs of the Middle East deserts, the camel is much more than an oddity. The very existence of human life in the desert has long depended on the camel. Without him there would be no Bedouin! The Arabs rightly call the camel *Ata Allah*, "God's gift."

Having studied the camel at close range in Egypt, Israel and Jordan, I am convinced that it is one of the best proofs on earth today of divine creation.

Evolution, as we shall see, is utterly at a loss to account for this remarkable animal.

A desert miracle

The Arabian camel, or dromedary, has only one hump. Most desert Arabs have not even heard of the two-humped variety, called the Bactrian camel. This shorter and stockier beast is found only in

the highlands of Central Asia.

The dromedary is unknown in a wild state. It has been domesticated since ancient times. Camels are mentioned frequently in the Bible. Using a concordance, you might want to look up the references in your own Bible.

Standing 7 or more feet tall at the shoulder, the long-legged dromedary has an ungainly walk. The two legs on one side move forward at the same time, then the other two legs on the other side move forward, creating a steady backward and forward lurch. First-time riders actually have become seasick from the constant swaying!

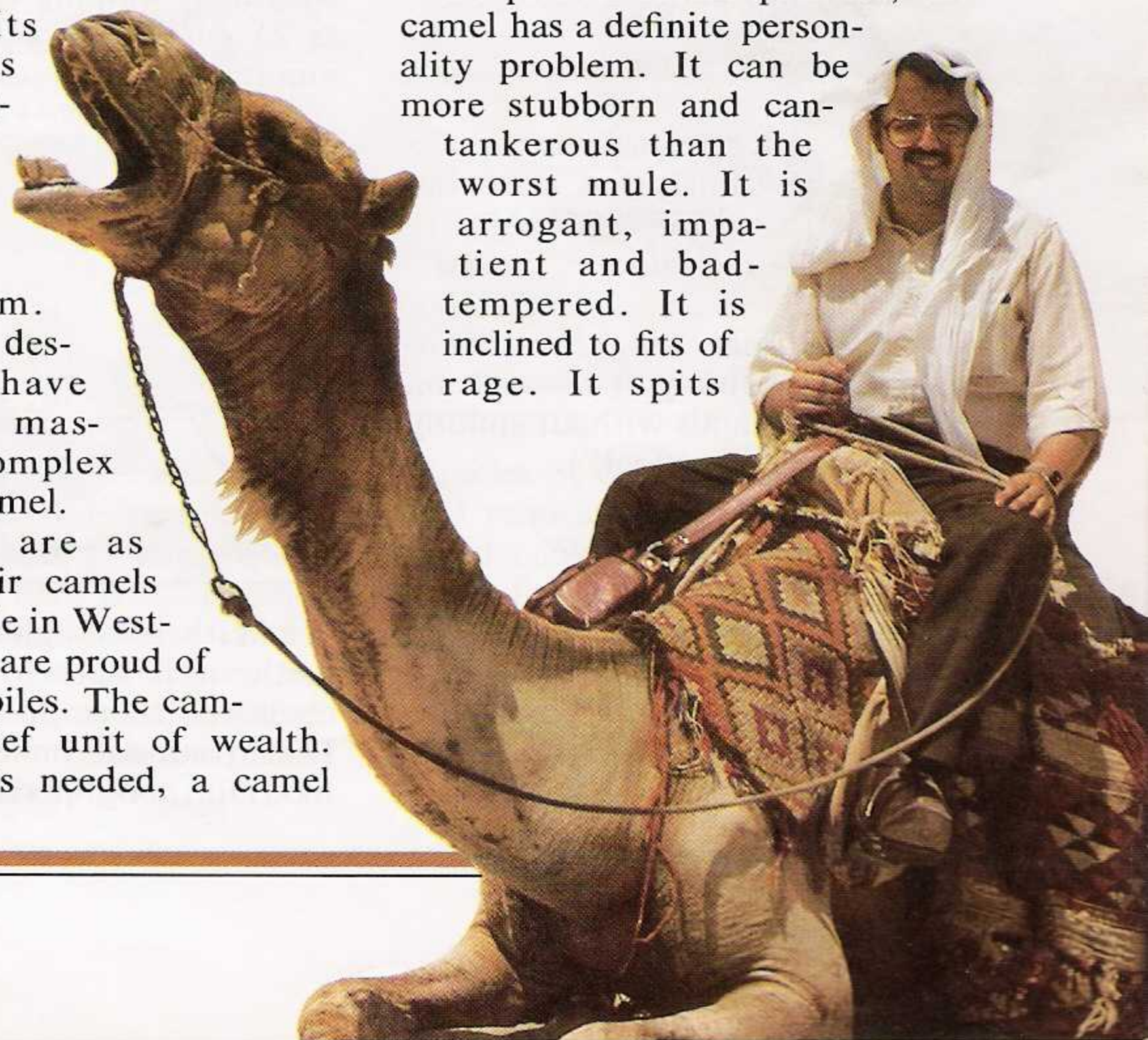
The camel (Arabs pronounce it JA-mal or GA-mal) plays an important part in the lives of Bedouins. Its powers, habits and idiosyncrasies are a continual topic of conversation among them. Even so, few desert Arabs have completely mastered the complex lore of the camel.

Bedouins are as proud of their camels as many people in Western countries are proud of their automobiles. The camel is the chief unit of wealth. When cash is needed, a camel

always brings a good price. There are many varieties of camels, varying in color from pure white to dirty brown. Pure white racing camels, called *hejin*, are especially prized.

The camel has multiple uses. It is a beast of burden (carrying 700 pounds or more!) and a riding animal. As the primary means of Bedouin transportation, camels are often called "the ships of the desert." Its hide is used for leather. Its dried dung is a heating fuel. Its hair, shed every summer, is woven into ropes and cloth for clothing and tents. Some Arabs also eat the meat and drink the milk of camels. (The Bible, however, forbids the eating of camel meat. See Leviticus 11:3-4.)

Despite its useful qualities, the camel has a definite personality problem. It can be more stubborn and cantankerous than the worst mule. It is arrogant, impatient and bad-tempered. It is inclined to fits of rage. It spits



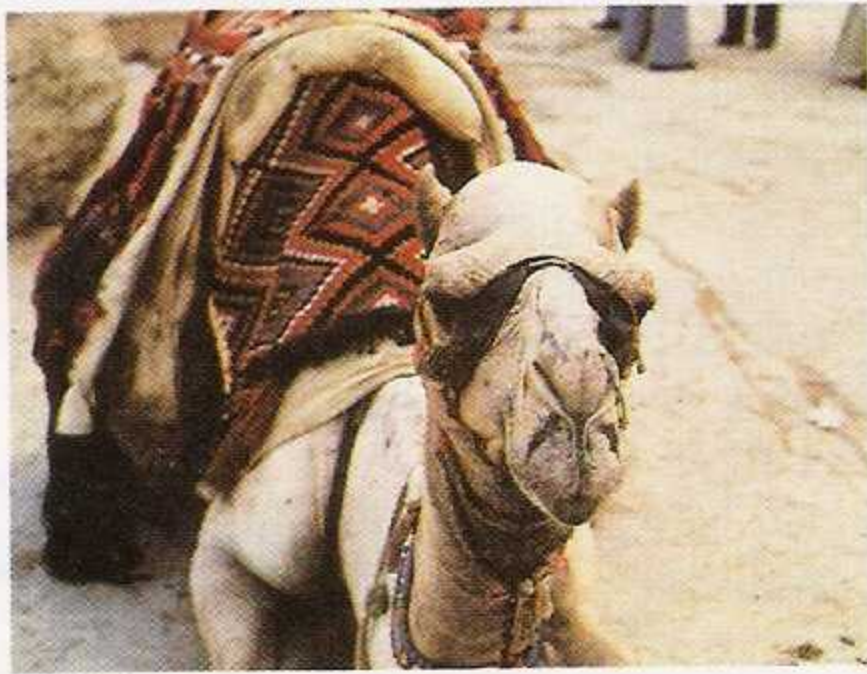
None of the amazing qualities of the camel can be accounted for by evolution. They defy evolutionary explanation!

when annoyed, and can bite and kick dangerously, often without being provoked. It can, however, be docile if properly trained and handled. But even then, it can be unpredictable. Even after years of careful study, T.E. Lawrence (Lawrence of Arabia) admitted that often he could not size up his dromedary correctly.

Survival equipment

Suppose you had been commissioned to design an animal geared to desert survival, what equipment would you have included?

Let's notice just a few of the



unusual and extraordinary qualities of the camel, and see what characteristics God — the Master Designer — incorporated into the animal:

- The camel has broad, two-toed feet enabling it to walk on the shifting sands without sinking (the "snowshoe effect").



- It possesses a keen sense of smell, valuable in locating supplies of water.

- It has the ability to close its nostrils against flying dust and sand.

- Its eyes are shielded by double rows of long, protective eye-lashes. These keep out blowing sands and cut down the glare of the sun.

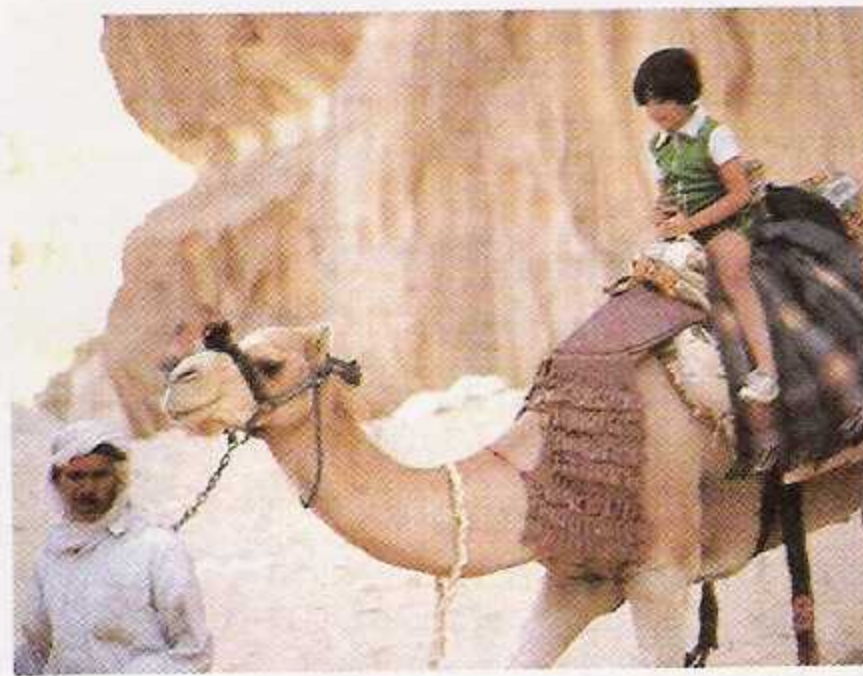
- It has hair in its ear openings to protect against sand and dust.

- It sweats so little (leaving precious water inside) that its skin almost always feels dry.

- It has thick and broad sole pads, and thick callous pads on its knees and chest to rest on in a kneeling position. These features enable it to withstand the heat of the burning desert sands.

- It has a hump in which it stores fat. The camel draws on this reserve when food is unavailable. Water is also produced when this fat is broken down for use.

- It has a special type of digestive system that extracts every drop of moisture from its food. This water is then stored in body tissues until needed. Along with the fat reserve in the hump, this enables the camel to exist for many days with little or no food and water. (But then it makes up for lost time. It can regain lost weight by gulping down as many as 25 gallons of water in just 15 minutes!)



- With its tough lips and long teeth, it is able to bite off and chew the thorniest desert plants. It can subsist on coarse, sparse food for long periods, if neces-



sary. Camels live where all other livestock would die.

Chance evolution?

Could all these abilities — which so perfectly suit the camel to the desert environment — have developed by mere chance?

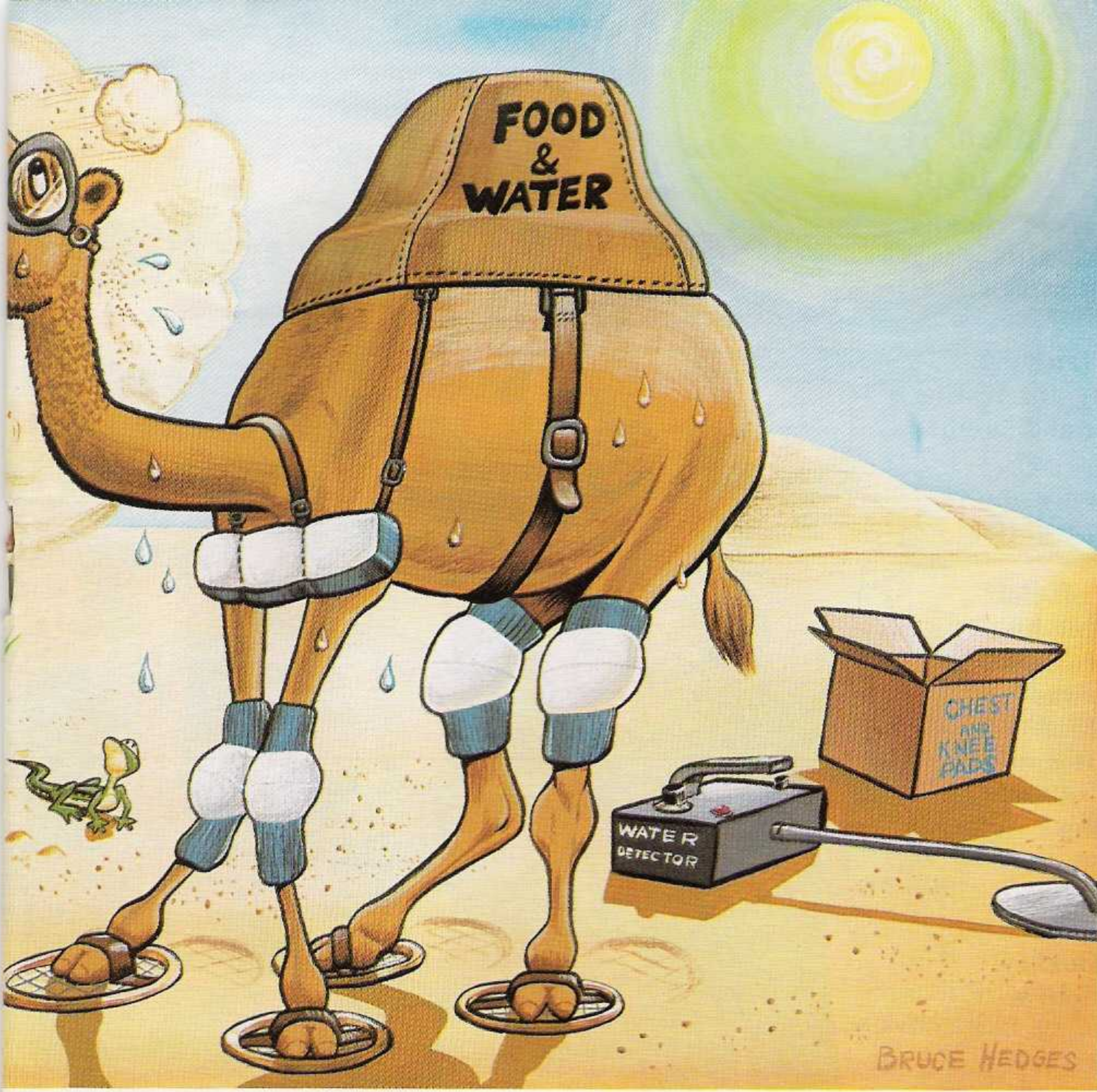
By no means!

None of the amazing qualities of the camel can be accounted for by blind evolution. They defy evolutionary explanation!

Evolutionists tell us that all these qualities developed — evolved — by natural processes over millions of years. But think a moment. Imagine a "proto-camel" living millions of years ago that had not yet evolved some of these features.

The sun is beating down mercilessly on the hot desert sands. A burning wind stirs up sand and dust. Water is nowhere in sight. The only food available is full of spines and barbs.

Now here comes our unevolved "proto-camel" — totally unprepared as yet for the hazards of the



Now here comes our unevolved “proto-camel” — totally unprepared as yet for the hazards of the desert . . .

the mind that rejects God and the Bible!

The camel is just one among millions of creatures living together in a balanced system of life on this earth, each with its own peculiar features enabling it to survive and function in its environment. This perfect planning demands a Master Planner!

Every creature on earth has its own special story. Take time to really look at and appreciate nature and its wonders — the

desert. He gets sand in his ears, eyes and nostrils. He is sweating profusely. Unknown to him, there is water nearby, but he has not yet developed the ability to smell it out. He attempts to bite off and chew a piece of cactus, but wails in pain, not yet having evolved the proper equipment to do it without injury to his mouth. He kneels to rest, but the hot desert floor sears his unpadded skin. With his undeveloped hump and stomach, he has no food or water reserve to draw on.

So what happens?

He dies, of course! And so do the other members of his kind, as yet unprepared by “evolution” for inhospitable desert life. They become extinct! That is why there are no camels in the world today.

Right?

Wrong, of course!

There are millions of camels alive today. And they are alive because their species has been adapted to desert life all along — from the very beginning!

Ungainly and funny looking — to the Bedouin the camel is “God’s gift” and to evolutionists he is a problem. How could a creature so perfectly adapted to his environment have evolved slowly over millions of years? Above is an artist’s humorous conception of how an unevolved “proto-camel” might try to cope with his harsh environment. (Illustration by Bruce Hedges, *Youth 82* photos)

The beautiful coordination of survival features seen in the camel could never have been achieved by the trial-and-error method, by some quirk of evolution. There is intelligence behind the design of the camel. The camel’s qualities reflect the work of a Designer, a Creator. Evolution has no rational explanation. It is an insoluble mystery to



miracles of God’s creative power. And request our colorfully illustrated booklet, *A Theory for the Birds*, for an eye-opening look at another problem for evolutionists — the world of birds. You can also request our booklet *Does God Exist?* — both are absolutely free. □

Tomas knew not one word of English. If I wanted to talk to him, I'd have to do it all in Spanish!

I had not done anything like this before. I was scared — I shouldn't have come to Mexico!

We looked at each other and laughed nervously. We looked at the extremely interesting walls for a while. We looked at each other and laughed again.

He was waiting for me to break the silence and I knew it. But I had to be careful. A massacre of the Spanish language would not be good.

I remembered a story about a U.S. official who was transferred to Peru. He was giving his first speech in Spanish before some Peruvian leaders. He wanted to tell them that he was embarrassed about his poor command of Spanish. He told them instead that he was pregnant.

I could see those Peruvians laughing until it hurt. I could see Tomas laughing in my face as I crawled back across the U.S. border in embarrassment.

But my imagined hands-and-knees journey across the desert was cut short by a question, a huge Chinese gong of a question:

"Do you like Mexico?" he asked me — in Spanish.

I stalled for time, trying to think what to say. I settled on, "Yes."

"Have you ever been here before?"

"No."

"Where are you from?"

"Ohio."

"What's Ohio?"

This was what I had feared, a question that couldn't be answered in one word. But I was in this thing now, so I decided to make the best of it.

I began thinking of ways to tell him what an "Ohio" was. It turned out to be easier than I thought it would be. I discovered that, when I had to, I had all kinds of completely acceptable ways of saying things in Spanish.

We started talking and the conversation covered everything from politics in Mexico to his first visit to the United States. We had to resort to charades once or twice, but most of the language barriers fell.

Going places

Putting my knowledge of Spanish to use was an exciting experience. Anytime you travel to a country where they don't speak your language, you feel handicapped. But being able to communicate, even if haltingly at first, can give you a sense of accomplishment and a chance to really get to know the people.

And even if you stay at home, there's a good chance you'll meet people from different cultures. Knowing how to talk to someone in his own language



Tongue-Tied in Mexico

By Lowell Wagner Jr.

can open the door for learning and for a friendship that wouldn't be possible otherwise.

Colleges are beginning to make a swing back to requiring a second language even for admission. This emphasis on languages by educators is a reflection of the needs of our society. As international trade and other relations between nations become even more important, businesses and governments are putting a

improve your use of the language. Don't be afraid to make a mistake in class. If you are, you're limiting yourself to the understanding of the language you already have.

In class, speak the language whenever you have a chance. If you aren't sure how to say something, say it loud enough for the whole class to hear you. No doubt someone will be kind enough to point out any errors.

Beyond the classroom

One of the best ways to totally immerse yourself is to read aloud. When you do this, you're weaving the threads of comprehension and pronunciation into what will eventually become a language.

Try to find as many different books, magazines and newspapers to read from as you can. Your school or public library would be a good source for this.

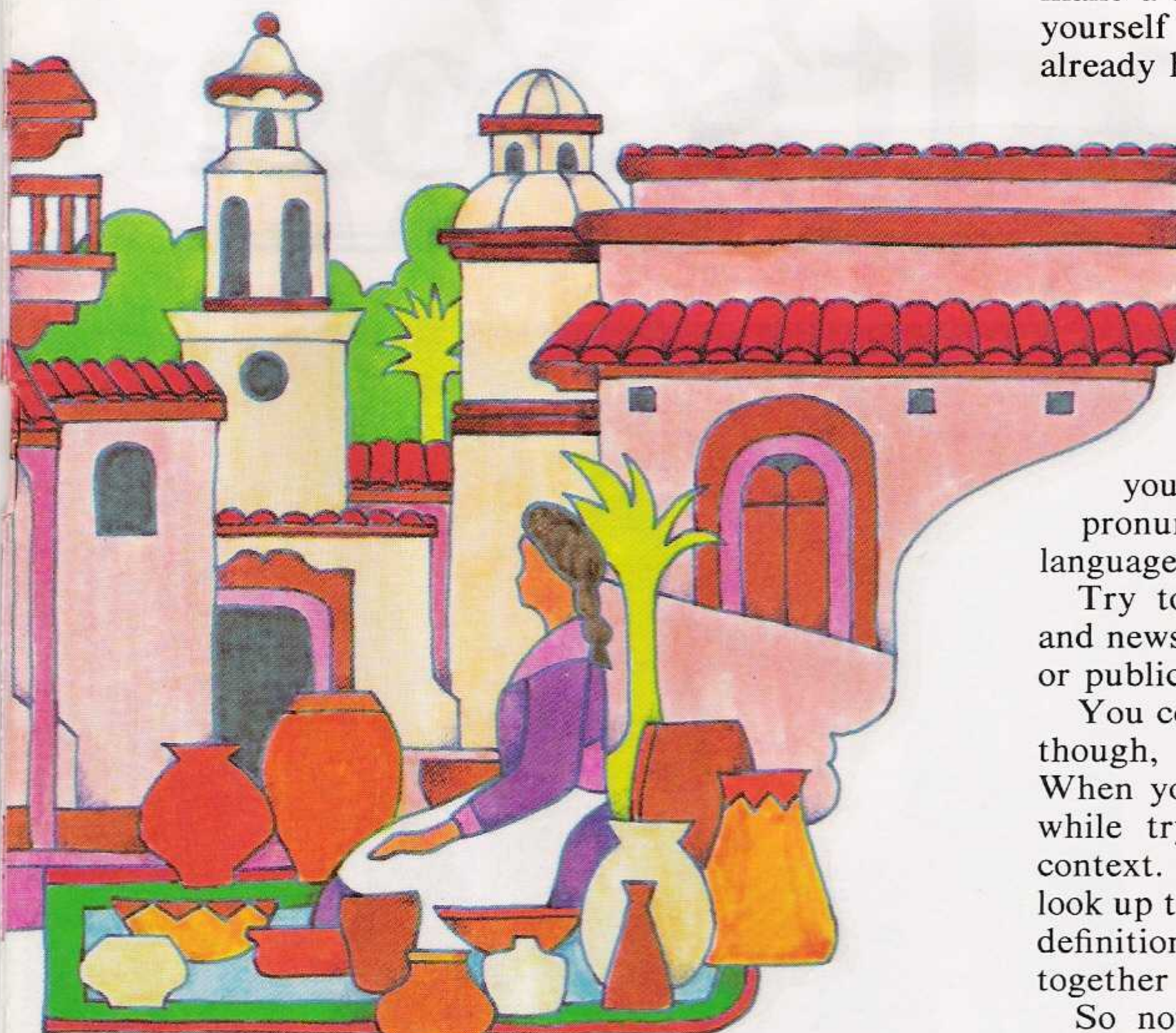
You could be wasting a lot of time when you read, though, unless you get into the dictionary habit. When you reach an unfamiliar word, write it down while trying to figure out its meaning from the context. After you're finished reading, go back and look up the words you don't know and write down the definitions. Again, you're weaving several threads together to help you remember a word.

So now you've got this big pile of words, just sitting there waiting to be used. A good way to put them to use is to find pen pals around the world to write to in the language you're learning. Your teacher can help put you in contact with high school students around the world.

Right in your own town, though, there are probably people who can be a big help in your efforts to learn a language. Check with your teacher to see where there are people whose first language is the language you're trying to learn. Talking to them for an hour or more each week will help your knowledge of the language grow rapidly.

Learning a language can provide us with not only a better job and the satisfaction of having done a difficult thing well. We can also use it as a way to help people. Knowledge of a second language can be a powerful tool in helping us understand the hopes and dreams of our brothers and sisters around the globe.

So, sign up for a language at school, and practice it in the classroom and beyond, and you won't need to be tongue-tied in another language! □



high value on skilled bilingual employees.

A lack of fully fluent translators has led to a number of embarrassing situations. The people at Pepsi-Cola probably have a few stories to tell about their advertising campaign in Taiwan that claimed that "Pepsi brings your ancestors back from the dead," instead of the more conventional "Come alive with Pepsi."

Jump right in

By starting now, you can prepare to take full advantage of the travel and job opportunities that require a second language. You'll make learning a second language much easier on yourself if you use the same principle you used in mastering your first language: immersion.

You learned English by hearing it all day long. Every word you heard or saw or wrote was in English. So now you want to learn French, but everyone refuses to quit speaking in English. Ideally, you should move to Paris; realistically, try to immerse yourself in the French language without leaving home.

The first thing to do is take a language in school. Classes are a more efficient way of learning a language than the trial-and-error method you used to learn English. That's because classes give you an overview of the language and how it works.

When you use your class to its full advantage, it's a lot easier to discover what your mistakes are and weed them out. Your teacher is paid to help you

When It's Your

Would it really be home, or just another house? Ronda found she had to learn to deal with the trauma of moving.

By Ronda Kelly

Looking out the window of my empty room, a single tear rolled down my cheek as the last piece of furniture was loaded onto the big moving truck.

Now that the truck was loaded, my parents and my brother and sisters and I would all pile into our van and start the long drive from Southern California across the desert and over the mountains to our new home in Colorado. But would it really be home, or just another house in another city?

Anyone who has had to move, especially more than once, will understand this feeling of not really being sure where home is. I don't know of anyone who likes the idea of leaving old friends and familiar surroundings and moving, whether across town, across the country or maybe even around the world. It is not easy to make new friends and start at a new school.

Where was home?

During my four years in high school my family moved three times. After our third move I was beginning to wonder if I really had a place to call home.

Many people think of home as being the place where they were born and reared, or at least the place where they spent their



happy, carefree high school years. If this definition is correct, it would mean that I never had a home.

Although I was born in California, my first memories are of living in Texas. My parents moved from California to Texas when I was only 2 years old.

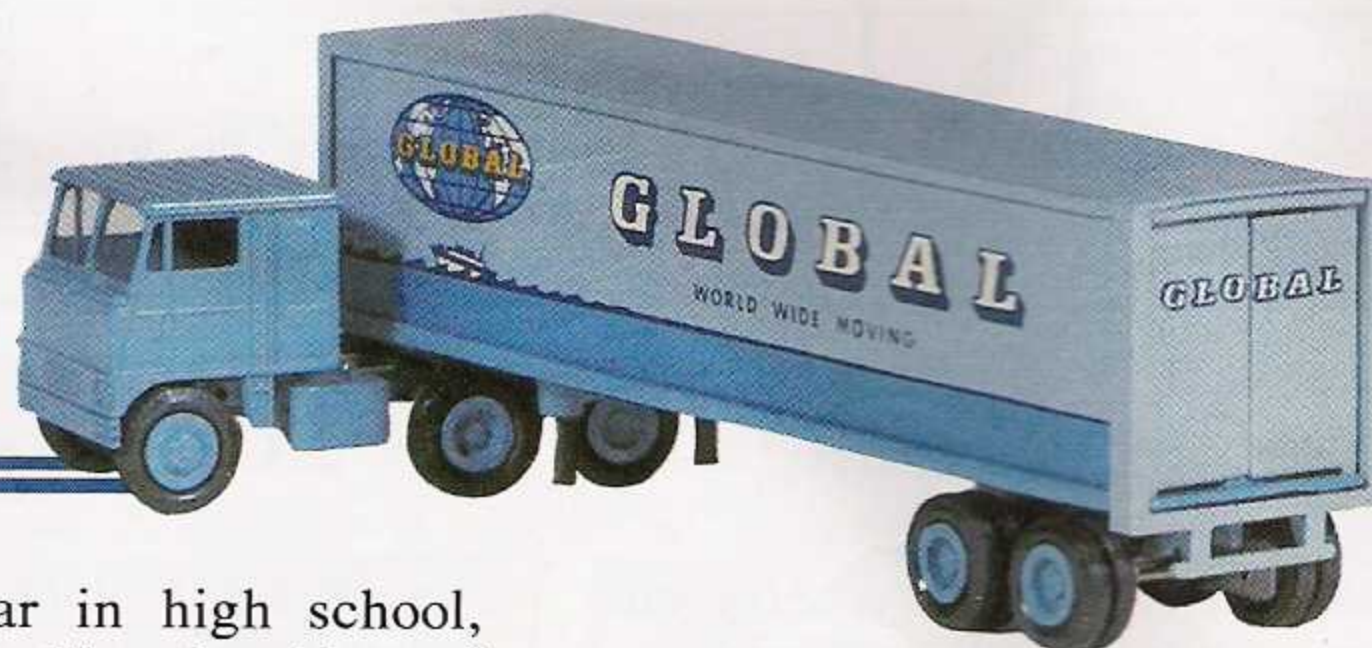
It was in Texas that I spent 14 years of my life. I went to school with basically the same people for nine years. Because of this, I had many close friends and was involved in several school and

Church activities. Texas seemed to meet all of the qualifications to be considered home — that is until the summer of 1977.

It was at this time that because of my father's job, he was asked to move to California. It was the first major move for our family and a very traumatic one.

The adjustment time for me was made easier because some of my closest friends' families moved at the same time. It was much easier to make new friends and get involved in more activi-

Move...



sophomore year in high school, and I did not like the idea of going to my third high school in three years.

This time I was almost afraid to open up to people and develop close friendships for fear that I would end up having to leave them as I had to do once too often before. At first I did not really give Denver much of a chance to become my home.

But I learned that moving does not have to be an awful experience. In fact, if approached in a positive way, moving can prove to be one of the most beneficial experiences of your life. It is a chance to learn about new people and new ways of doing things.

I found one of the major reasons for unhappiness and loneliness after a move is that everyone and everything in the new town is compared to the comfortable and familiar surroundings of the old.

Making friends

Making friends in a new school will be easier if they are not compared to the old friends back home. Making comparisons can make you unpopular and only serve to make you unhappier if you let everyone know that you think that your old friends were smarter, funnier, "cooler." Everyone is different. I found out that even though they may not ever replace your old friends, once you get to know them they will become very special friends also.

Moving is also a time for families to draw closer together. For a while they may be the only familiar faces you see. This can be a chance to get to know one another and be not only family, but friends. In my own life this proved to be a bigger influence than any move ever was.

The last move I made was leaving home to go to college. This move was one that I decided upon on my own. Does this make college home to me? Or maybe I should call Texas home? After all I did live there longer than I lived anywhere else.

Even though I may have missed out on having a place to call home, according to some definitions, looking back on it I can see that even though there were many tears shed over having to move, there were also many positive results in my life.

I now realize that home is more a state of mind, rather than a particular place. It may take a long time to create that state of mind in a new place, but once you do, any place can be home — if you just give it a chance. □

ties than it would have been if I had to do it alone.

I was almost beginning to feel that I could be at home in California when another change in my father's job brought about a second move for our family. This time our destination was Denver, Colo.

For me this move was harder than the first. Unlike our move to California where I already knew people, when we got to Colorado I knew no one.

I had just completed my



Leaving old friends and familiar surroundings behind can be a difficult and even traumatic experience. Can the new place really be home? (Photos by Roland Rees)

News & Reviews

Body Language—Are You Listening?

Have you ever tried to carry on a conversation with someone who wouldn't say a word? He or she just sits there with arms and legs crossed. This person is sending you messages, however, not with words, but with nonverbal body language.

Recognizing nonverbal communication can be a shortcut to understanding how other people think and feel. According to Albert Mehrabian, a psychologist who has specialized in the subject, less than 10 percent of what we communicate is with words; the other 90 percent is sent by nonverbal cues.

Following are seven of the most common nonverbal cues:

1. *Hand wringing* — nervous or anxious.
2. *Joining fingertips to form a "steeple"* — authoritative or contemplating.
3. *Tapping one's fingertips* — impatient or restless.

4. *When talking, leaning toward other person* — interested or wanting to get message across.

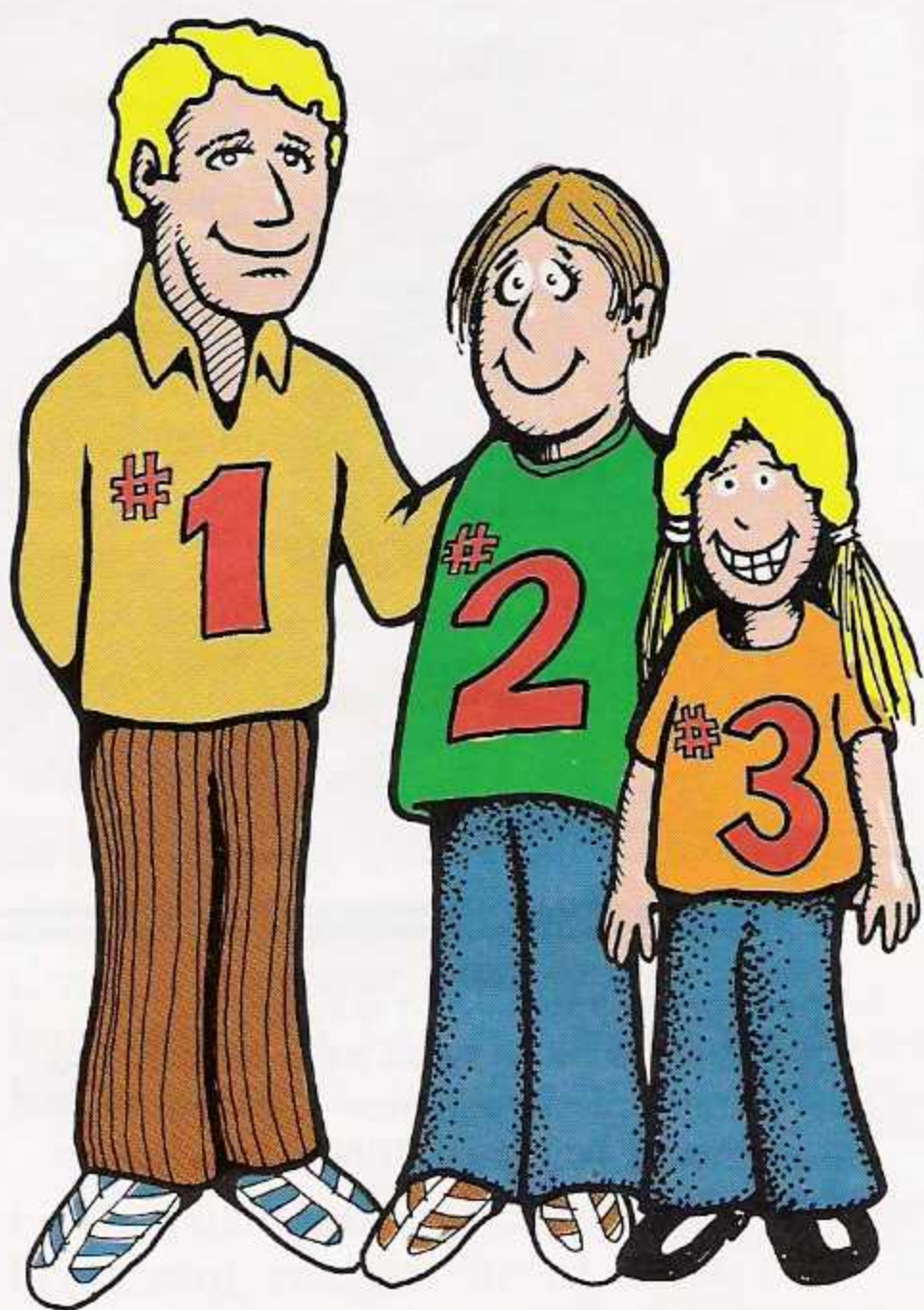
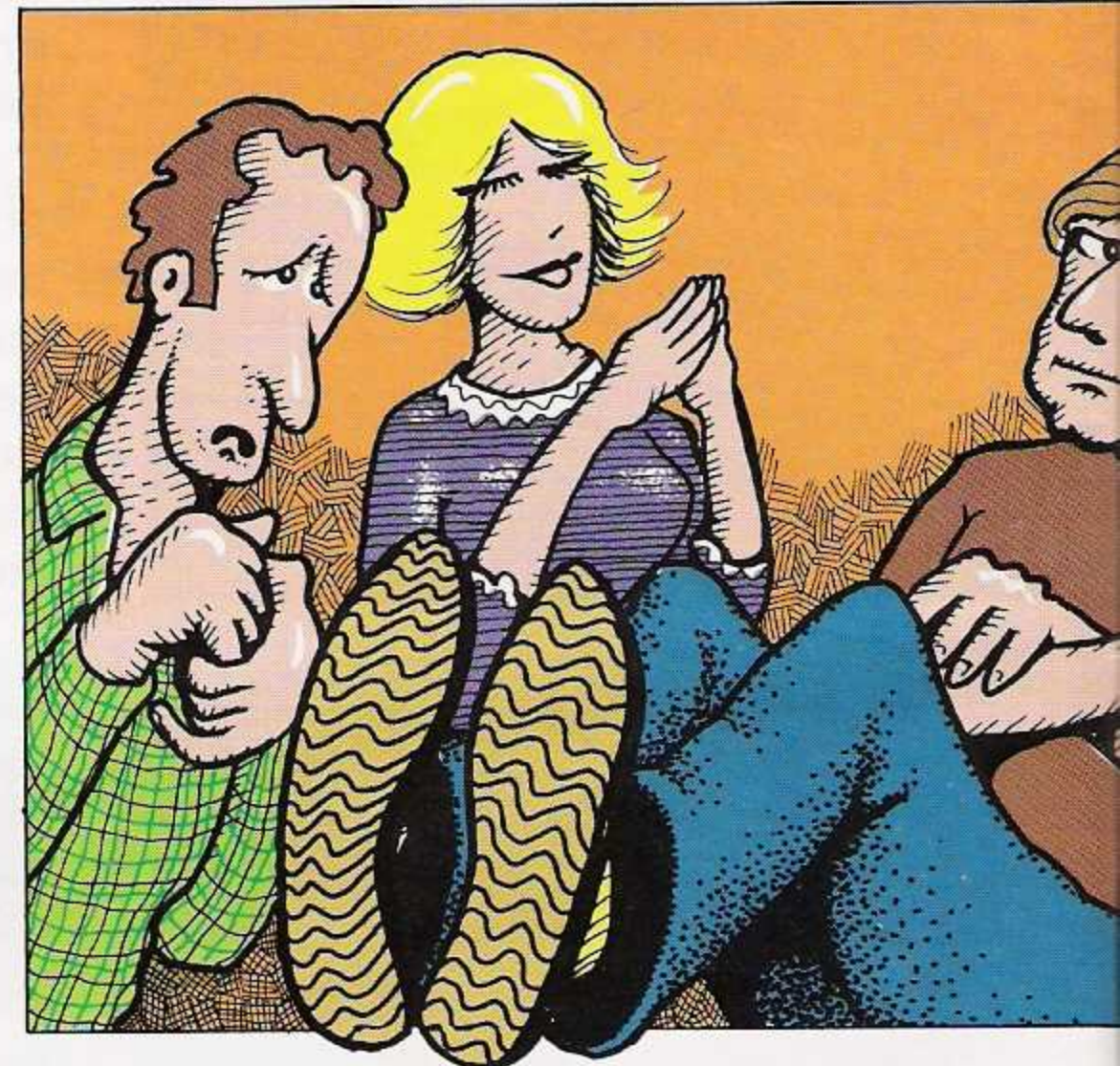
5. *Lips clamped or tightly drawn* — holding in anger.

6. *Feet up on the desk* — arrogance or confidence.

7. *Crossed legs combined*

with crossed arms — unapproachable or defensive.

Understanding nonverbal cues gives you a greater insight into what someone is trying to communicate to you. Exercise a certain degree of caution when interpreting nonverbal cues however, because some cues have different meanings for different people. — *By Ronda Kelly* □



How Does Being Firstborn Affect Your Personality?

Are you the oldest child in your family? Have you ever wondered how being the first child affects an individual's personality? How does being the eldest make you, or your brother or sister, the person you are, or he or she is?

After various studies, experts have observed some common characteristics of firstborns. The eldest child is often more serious and responsible than his brothers and sisters. Why? Because his parents give him more responsibility and expect more from him.

Generally firstborns are

closest to their parents and learn to speak earlier and more precisely. New parents often expect more of their first child, are more enthusiastic about his accomplishments and more disappointed by his failures.

Firstborns are usually hard working and ambitious, and can become good leaders.

When and if a second child arrives, the oldest child experiences a bit of a shock. Suddenly he is no longer the center of his parents' attention,

and he must adjust to that fact. He weathers the storm, but his strong sense of being first generally remains. At times the firstborn may be bossy, but at the same time he is likely to succeed in life.

Consider these successful firstborns: George Washington, Albert Einstein, William Shakespeare and Sir Isaac Newton, just to name a few.

Many of the astronauts have been firstborns — in fact 22 of the 29 who have been to the moon were oldest or only children.

The characteristics given don't apply to every eldest child. Each person is unique, not only in personality, but in his family situation.

The sex of the firstborn and the age gaps between the children in the family are other important factors to keep in mind.

How do you match up? Perhaps now you can better understand yourself, or your older brother or sister, and why you (or he or she) are the way you are. —

By Debbie Burbach □



Uneasy Lies the Head: The Autobiography of a King

King Hussein I of Jordan ascended to what has been called "the most dangerous throne in the world" while still in his teens.

To be a king in a modern world of changing forms of government is difficult enough. But to rule in a troubled region of the world (the Middle East), especially following the assassination of your grandfather would be a special challenge for any teenager.

In his interesting, easy-to-read autobiography, King Hussein tells the background of a lot of the troubles he's faced, but he doesn't overlook the humorous incidents and the personal triumphs and tragedies that make this book exciting reading.

The autobiography begins with King Hussein's relationship with his grandfather, King Abdullah. King Hussein tells of his grandfather's love for the country, the people and his feelings for the land. The first chapter also tells of his grandfather's murder. The assassin fired at the young prince as well, but the bullet ricocheted off a medal on his chest.

King Hussein tells stories — sometimes moving stories — of

himself, the land, the people and his own family. His father, King Talal, became incapable of reigning because of illness, leaving 16-year-old Hussein in charge of Jordan.

King Hussein explains that he wanted the people of Jordan to feel as one big family. He even disguised himself as a taxi driver to find out the citizens' views.

King Hussein describes the palace, the government and the problems and challenges facing the country.

In the last chapter King Hussein tells of his own family and thanks God for the happiness He bestowed on him.

This book will help you see one perspective of the problems of the Middle East. The book was published in 1962 and so it doesn't cover recent events, but it does give a background that can help in understanding today's news.

Uneasy Lies the Head: The Autobiography of His Majesty King Hussein I of the Hashemite Kingdom of Jordan was published by Bernard Geis Associates and distributed by Random House. If your library doesn't have it, perhaps you can get it on an interlibrary loan. —

By Edie Weaner □



News & Reviews

Thunderstorms: Nature's Sound and Light Show

When it's raining and lightning flashes on the horizon, have you ever wondered how far away it is?

Lightning, a discharge of static electricity produced by friction in the clouds, causes tremendous heating and sudden expansion of the air. As the resulting shock wave moves outward, it becomes the rumbling sound we know as thunder.

By comparing the time between the flash of light and the sound of the thunder you can estimate how far away the lightning is.

All you have to do is count the number of seconds between the flash and the time you hear the thunder. If five

seconds elapse, the lightning was a little more than a mile away.

This is because sound travels about 1,100 feet (about 340

meters) a second, and there are 5,280 feet (1,609 meters) in

a mile. Light travels so fast we don't have to consider the less than a millisecond it takes to reach us.

According to the U.S. Weather Bureau, you seldom hear thunder more than 20 miles, and usually not more than 10 or 15 miles. So chances are you will not have to count more than 50 seconds before you hear the boom.

Sometimes thunder seems to roll, lasting for several seconds.

That's because parts of a streak of lightning are farther from you, and the shock waves take time to travel. Reflection of the sound from clouds and mountains also helps produce the long, drawn-out roll you sometimes hear. — *By Richard A. Sedliacik* □



Proverbs for Today: Your Guidance Counselor

Would you take the advice of a so-called guidance counselor who had no work experience, no education in the field, had you as his first client and was the same age as you are?

"Of course not," you reply.

But you may be doing just that. If you depend only on your own advice, you might be taking the advice of just such a person — yourself.

Yes, it's an irony of life that a young person is called upon —

while still without the necessary training and experience — to make decisions that will determine his (or her) course for the rest of his life!

Now, that's scary. But, there is a better way. Solomon wrote of it when he said:

"In all thy ways acknowledge him [God], and he shall direct thy paths" (Proverbs 3:6).

Yes, God is older, wiser and more experienced than anyone, and He promises to guide you if you ask. Therefore ask — by praying to Him — for the wisdom you need to make those most important decisions.

If you do, you won't have to rely on the advice of an amateur. — *By Bernie Schnippert* □



FRISBEE'S FRIENDS

BY CAROL SPRINGER



Teen Bible Study

Are the Ten Commandments for Teens Today?

Prepared by Richard H. Sedliacik

Imagine a huge boulder, balanced precariously at the edge of a cliff. What happens if it's given a push?

Even in our imagination we firmly believe that gravity will send it plummeting to the valley below. It's a physical law — we don't expect it to go floating into space.

There are other laws — just as sure as gravity — that show you how to have a happy, interesting and fulfilling life.

Jesus Christ came to this earth to show both young people and adults how to live happy and abundant lives here and now (John 10:10, last part of the verse). He also revealed how we may become born-again members of God's universe-ruling Family!

But before we go further, be sure your Bible, a pen or pencil and some notebook paper are before you so you can look up, read and write out the Bible verses answering the questions.

1. In what one word is the very nature and character of God summarized? I John 4:16. How did Jesus Christ sum up the Ten Commandments — the law of God? Matthew 22:35-40.

God's law is the way of God's love. It is the way the two members of the God Family have always lived. Thus God the Father and God the Son live in total harmony. The Father is the head of the God Family and Christ does exactly what the Father tells Him to do (John 8:29, 10:30).

These two divine beings lived the way of love before they created angels and before they brought the material universe into existence. God's way of love resulted in joy, peace and great accomplishment.

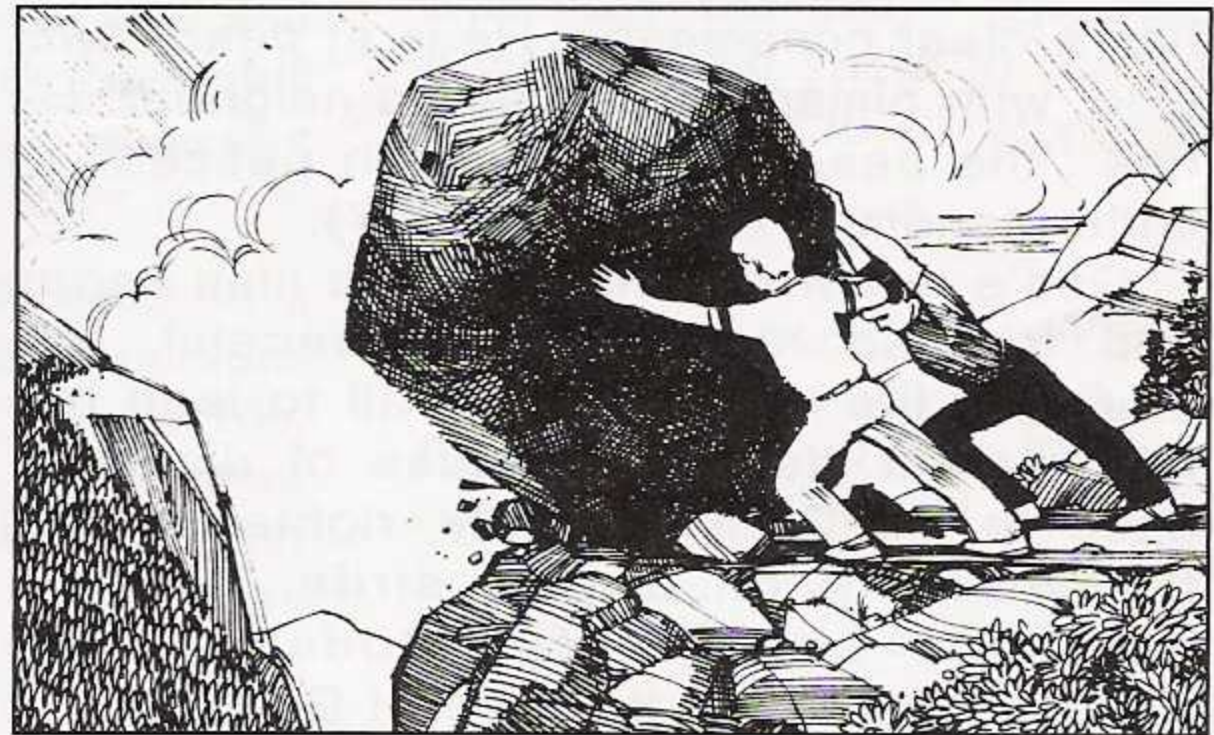
God's law of love also regulated the conduct of angels toward one another and toward their Creator when He placed a third of His angelic host on the earth to finish its creation. That is until Lucifer, the great and beautiful archangel whom God placed over the angels to guide their activities on earth, turned to rebellion

against God's government — His way of life — and sinned!

2. What is the Bible definition of sin? I John 3:4. Does the Bible clearly tell us that Lucifer and his angels sinned? Ezekiel 28:14-16, II Peter 2:4.

Sin is the transgression of God's law of love — the way of peace, cooperation and harmony — the way of service and concern for others equal to one's love for self.

God reveals in His Word that Lucifer became the first sinner. Vanity, lust and greed welled up within him. He became dissatisfied with rulership over the one planet. He wanted to rule the universe. Thus he organized his angels into an army and ascended to heaven in an attempt to take over God's throne of rulership over all. But Lucifer and his angels failed and were cast back to this earth (Isaiah 14:12-14, Jude 6). Lucifer became Satan, God's adversary, and his angels are now called demons. Together



they attempt to thwart God's plan and have deceived the world about the necessity of obeying God's law.

3. Are all 10 points of God's great law conveniently listed for us in the Bible? Exodus 20:1-17, Deuteronomy 5:6-21. How can we know that there are 10? Exodus 34:28, Deuteronomy 4:13, 10:4.

4. Did the patriarch Abraham — the father of the faithful — know of God's law

Illustration by Ken Tunell

Teen Bible Study

and think it was important to keep it? Genesis 26:5. Did God teach David His way of life from his youth? Psalm 71:17. What was his attitude toward obeying God's law? Psalm 119:97-100, 105.

Both Abraham and David were commandment keepers. They had great respect for God's law. That is one vital reason why they will hold very responsible positions in the future government of God on earth.

5. Did Christ obey the Ten Commandments? John 15:10. Did He teach others to obey them? Matthew 19:16-19.

These verses in Matthew 19 clearly show that Jesus specifically referred to the Ten Commandments, though He did not mention every one.

6. Does the Bible show that the very Church Jesus built would be teaching obedience to and actually be keeping the Ten Commandments and other instructions of Christ? Revelation 12:17, 14:12. (Chapter 12 personifies God's Church as a woman.)

God's Church today echoes the words of David and follows God's law as the Christian standard to live by.

7. Is the law of God holy, just and good? Romans 7:12. Does peace of mind come from keeping the Ten Commandments? Psalm 119:165. Does God bless those who obey Him? Deuteronomy 11:26-28, Psalm 1:1-6.

The youth or adult who keeps God's law has a clear conscience. He is at peace with God, with himself and with his neighbor. He has "the peace of God, which passeth all understanding" (Philippians 4:7).

God's law was given to make man happy and to lead him into the peaceful, full, abundant life — and above all to lead him into eternal life. But because of disobedience to our Creator's holy, righteous law, the world is filled with strife, poverty, ignorance and suffering today — the opposite results of the love of God!

8. How did Jesus summarize the Ten Commandments? Turn to Matthew 22:35-40 once again.

As the essence of God's spiritual character is love (I John 4:16), the Ten Commandments are expressions of the very character of God. Jesus showed that the Ten Commandments are in reality a guide to teach us how to love. The first four commandments show us how to love God, while the last six show us how to love

our neighbor — all fellow human beings.

The love of God is manifested first of all in adoration and worship of God and literal obedience to Him, and then in outgoing concern, compassion, kindness and service toward fellow human beings.

9. Could there be any truth whatsoever in the widespread belief that having "love" nullifies the need to literally keep God's law? I John 5:2-3, John 14:15, 15:9-10, II John 5-6.

The apostle John placed a great deal of emphasis on love. But not once did he or any other writer of Holy Scripture — all of whom were inspired by God (II Timothy 3:16) — say that love put away, superseded or destroyed the law of God. John, who was a close friend, disciple and apostle of Jesus Christ, made it plain that one who truly has the love of God will be obeying the commandments of God!

10. Is it possible to earn one's salvation by obeying God? Romans 6:23. Yet can anyone enter God's glorious, universe-ruling Kingdom — the very Family of God — as a lawbreaker? Matthew 7:21, 19:16-17.

You cannot earn your salvation by keeping the law of God. Eternal life is not for sale. It is clearly a gift from God! No one can earn immortality in 10,000 lifetimes of keeping the Ten Commandments! But neither can anyone enter into eternal life as a sinner (I John 3:4, Romans 6:23). No rebel will ever be born into God's Family!

Obedience to the Ten Commandments helps one to grow more like God, whose very character is love, until he is finally born into God's spiritual Family at the resurrection. Of course, you'll need to receive God's Holy Spirit to enable you to build God's spiritual character and complete the process, but that can come later when you are an adult.

Meanwhile, you can be striving to follow God's way to the best of your ability. God will take a special interest in you, as He does in all who obey Him. He will help you and work personally with you. And you will be building the habit of obedience to God while you are still young.

The young people who choose to begin obeying God now can begin to reap the blessings of living by God's law of love and be spared the misery, heartache and suffering of living a life of sin! □

Dear Youth 82,



Q. I'm a girl of 18 and I'd like to date, but boys don't often ask me. I'm not very pretty. I get depressed because I'm not popular.

A. You're not alone. A lot of teens, maybe most, get depressed because they're not better looking or more popular. The problem is that our society tends to have false values. We tend to exalt good looks over the most important inside qualities that really make a person what he or she is.

But take heart! Experience has shown that if you compensate for any physical lacks by building a positive and outgoing personality and developing sound character, you will be attractive to others.

Building a positive personality and sound character does take work. It won't happen by accident or through blind chance. Nonetheless, if you put forth the effort to develop your personality (as well as analyzing your grooming and overall physical health to see if there are areas you can improve), others will begin to see beauty where you may have found none yourself.

Q. I like *Youth 82* very much. I'd like my friends to have it also. May I tell them to write for it?

A. Sure. But don't try to push it on them if they don't seem interested. Teenagers (and many times their parents) can be prejudiced against anything that seems "religious" to them or differs from their previous opinions. You cannot change other people's prejudices or opinions and you shouldn't try.

If someone wants to know

about *Youth 82*, or asks about your beliefs or life-style, you should answer his questions and/or show him a copy of the magazine. But if people don't ask, they probably aren't interested anyway so should be left alone.

Q. My local minister said he wished he had known about God's truth when he was a kid because he would have done a lot of things differently than he did as a teenager. What did he mean?

A. Why not go to him and ask him yourself what he meant? Your minister would probably be glad to take a few moments and explain himself more fully. In fact, he hopes you will ask him to clarify things you don't understand. He wants to get to know you.

Q. I am a very shy person. My parents tell me that I am shy because they are both shy and that I have inherited it. Does this mean that I am doomed to be shy the rest of my life? I hate it.

A. No, you're not doomed to a life of shyness. Many persons have overcome it and you can too. Shyness comes from a feeling of inferiority — of believing that others will not like you. Many times these feelings become a self-fulfilling prophecy.

One of the best ways to overcome shyness is to "get your mind off yourself." Thinking about yourself when meeting people instead of thinking of the other person harms you in numerous ways. It may cause you to "freeze up," and it also

may send negative signals to the other person.

The way to get your mind off yourself when meeting other people is to be concerned about their welfare rather than your own. For example: "This person looks uncomfortable. Perhaps if I introduce myself, he won't feel as alone in the crowd as he seems to." Thinking of others rather than yourself is God's way of doing things (Philippians 2:4).

Also, be friendly. This advice might seem too simple to work, but by acting friendly, we force ourselves to get into motion rather than hanging back.

Next, ask God for an outgoing personality. All human beings have fears and inferiority complexes. God made our minds and can help us change even our personalities if we ask Him to.

Finally, read all you can about how to deal with people. Read especially the many articles in *Youth 82* that strive to teach the skills necessary to effectively deal with life.

Address your questions to Youth 82, 300 West Green Street, Pasadena, Calif., 91123. The answers were prepared by Bernie Schnippert, a minister of the Worldwide Church of God.



Hidden Enemy

(Continued from page 2)

a child: "Here! Snap out of it! This is your responsibility! This family is broken up in sorrow, and they are relying on you. You can't back out of it! Wake up! Come to yourself! Get a grip on yourself! You *are* going through with this, and you're going to do it with credit and calm dignity and sincerity!"

That, I remember, sobered and calmed me and brought me back to my right senses, and I replied quietly, "Yes, Dad, of course I will."

Then I went to a private room, closed the door and talked to my heavenly Father about it, and received from Him the emotional control I had lacked for this ordeal — and that first funeral *was* an ordeal. But when I literally placed myself in God's hands as His instrument, He used me, and the words He spoke through my mouth resulted in the conversion of the bereaved parents.

I found it difficult, as I was later more and more frequently called upon to officiate at funerals, to so control my own emotions as to achieve right *balance* — that outer calmness, without going to the opposite extreme of hardening my senses so that I would not feel proper sympathy. It was through God's help and much prayer that I was able to achieve emotional control, with dignity and poise, yet with

extreme tenderness, gentleness and heartfelt sympathy for those in sorrow, so that I could give them the help they needed in their greatest trial, and still not break down with them.

Surely no one can achieve real Christian growth and perfection until he has acquired emotional stability.

Our tempers, feelings, emotions were given to us for a purpose! They are not to be nullified — merely intelligently *guided* by mind control into the proper channels of God's law!

Emotion in religion

Of all the phases of life, there is none in which emotional immaturity is more apparent than in religion.

Here, too, people are prone to go to extremes. Either they deliberately work up the emotions to a frenzy or they make their religion a wholly mental expression, restraining the emotions entirely.

Many, usually the more illiterate or at least less educated, follow a religion that is almost wholly emotional. In "meeting," the preachers say nothing that is thought provoking, but only that which is emotion arousing. They do not teach or instruct, they generate unrestrained emotion.

They ask the congregation such questions as "Are you *happy*?" — echoed by thunderous "Amens" or shouts of "HALLELUJAH!" The main job of the preacher is to generate wild, shouting, uncontrolled emotion, until the whole congregation is out of control in a frenzy of fanatical exuberance.

Then there are the more quiet emotional sects — but who also accept the counterfeit of sentimentality and emotion for deep spirituality. Indeed it seems that *most* fundamentalist groups accept one form or another of EMOTION in the place of true spirituality.

But emotion is not spirituality. Emotion is *physical* reaction. While a certain emotional reaction *should* naturally follow true

and deep spiritual experience, nevertheless it is a physical reaction *from* that experience and is not, in itself, spiritual experience. Emotion is produced by the nervous system of the fleshly body. It is, therefore, of the FLESH, not of the SPIRIT!

The Holy Spirit of God is given only to those who OBEY God (Acts 5:32). Most religious bodies who mistake the emotional counterfeit for genuine spirituality preach that "God's law is done away" — preach a doctrine of "salvation without works," by which they mean without obedience to God or to God's law.

No one is a real Christian unless he has received and is being *led* (in obedience to God's law) by the Holy Spirit (Romans 8:9, 14), and the Holy Spirit *in us* is the LOVE OF GOD (Romans 5:5), which is the *only* love that fulfills God's law. And also the Holy Spirit is the Spirit of a SOUND MIND (II Timothy 1:7). True spirituality, therefore, is SOUND MINDEDNESS, for true spirituality can come *only* from the SPIRIT OF GOD within us. True spirituality is RATIONAL.

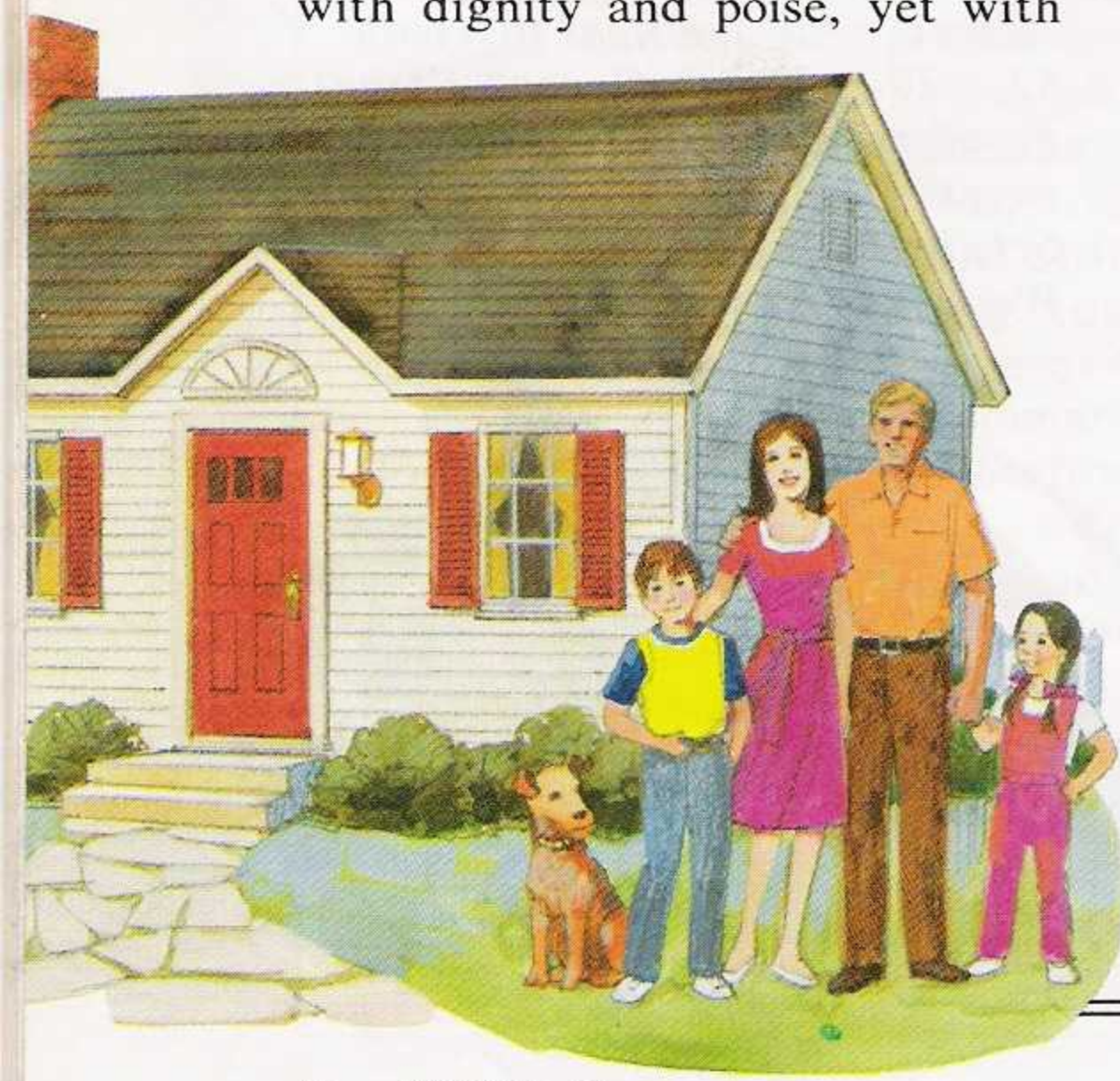
On the other hand, true spirituality is not a mere mental religion divorced from all feeling and emotion. There are the purely mental religions that do not even believe in the Holy Spirit of God.

And there are some of US, perhaps, who have come to know God's truth — who have surrendered to God, truly repented of our own way, turned from the ways of the world and who are devoted to studying the Bible to learn *God's* way so that we may *live by every word of God* — and who also pray a great deal, but who yet LACK the very second FRUIT of the Spirit of God — JOY!

NOT emotionless maturity

Emotional *maturity* does not mean *emotionless* maturity any more than it means uncontrolled emotion.

The truly emotionally mature
(Continued on page 28)





She's Only My Sister

By Kris Hendrick

My sister and I never seemed to get along. Though we shared a room, our conversations often turned to arguments or cold silence.

We never seemed to agree on anything — from the way we dressed to the people we picked as friends. But what could we do? After all, we had to share many things in our small house.

Neither of us thought that we were wrong — we each blamed our inability to get along on the other and put each other down instead of trying to find the cause of the problem.

We grew up and I eventually left for college. At college I found that I didn't know how to get along with people. I found myself getting into arguments often and being hurt easily.

I began to see that the problem was that I hadn't developed a strong relationship with the members of my

family, and so I didn't have a lot of experience in getting along with others. I realized that I had never gotten along well with my sister because I never really knew her.

I thought of the times I'd borrowed something from my sister without asking her, or had broken something without even admitting that I had broken it. I thought of the times that I refused to share my things with her, and of the things I had said behind her back to make myself look better.

Watching different kinds of people at college, I grew to accept each one with his or her strengths and weaknesses and to appreciate each person's uniqueness. I grew to see that by accepting people as they were, they were able to accept me. And true friendships began to develop.

That was something that my sister and I had never developed — a true friendship. Because it takes brotherly love to develop a friendship, and

that love overlooks mistakes. I began to wonder: "Who is my sister? What is she like? What did she think of me all those years?"

I didn't have long to wonder. After I graduated from college, she came to live with me. At first we were wary, not sure what each other was like and with the memory of our childhood in our minds.

But this time we wanted to share and give to one another. And we also found out that our tastes were not that different after all. Our difficulty had been in our unwillingness to work with one another.

I couldn't help but think that if I had only tried harder to give to and understand my sister, and if I had really cared about what she was interested in and what she was thinking, we would have grown up as good friends.

How about you? Do you get along with your brothers and sisters? Do you share your ideas and interests with them? Do you help them when they need it? If not, it's not too late to develop a good friendship.

If you have a good friendship with your brothers and sisters, work to strengthen it.

Let's each do what we can to strengthen our family relationships. Then no matter what, we'll have someone to turn to who cares about us, because we'll be part of a strong family. □



Raise Parents

(Continued from page 29)

angry about their reaction, things will only tend to get worse. Instead, think about the signals they could be picking up. They might be feeling that you don't care about your chores. Maybe they are getting rejection signals from you. Maybe they are getting signals that you are feeling angry and noncooperative.

Whether the signals they are receiving are accurate or not is less important than that you change the signals. When you do, they will probably change their reaction. Here's how. You might do or say something that lets them know you appreciate them. For instance you might try encouraging them in whatever they are doing or simply ask them how they are doing. This will signal that you're interested in them.

Where is the problem?

You can think of "problem parents" as a block to your growth and independence if you wish, but that won't help. Trying to change your parents won't help either.

So rather than trying to change your parents or just giving up, take time to think about some of these alternatives. If you do, you will find that even extreme parents will become easier to communicate with and easier to live with.

I realize, of course, that some problems won't go away overnight. Both parties must work at solutions.

If you're living in a less-than-happy home, always remember that you can talk to God. He is a great listener. He's unshockable. He's interested. He's never too busy. And He always understands. (Read I Peter 5:7.)

Just remember, you can, with God's help, make negative family experiences into positive building blocks for the future.

Look at your performance as a member of your family. How are you doing? □

..Watching Me?

(Continued from page 7)

give them a reason to have any hard feelings against you. And smile; it is very hard for them to ridicule someone who is so happy and considerate, unless they are insecure.

"It is always during times when you have to be different, when you find out who your true friends are. I found that these true friends who respect what you believe won't put any pressure on you."

A teen survey showed that "holding to convictions of morality gains more respect and approval from peers in the long run than their shallow acceptance of your going with the crowd."

So if we don't attend the concert, that means parents and their young children won't be offended and we'll get respect in a few years? But what about now? I thought.

Winning respect

Most teens like respect — it's natural. Many adults respect teenagers who make careful, logical decisions, who weigh the pros and cons before drawing rational conclusions. When your friends see you making adult decisions, and often receiving adult privileges for it, they'll no doubt admire you.

Adult decisions . . . "Well, you have to admit all that smoke and noise wouldn't be good for us. You can imagine how loud their guitars would be."

"Yeah, if we went, my little brother would think he could listen to that kind of music. But shouldn't he be out riding bikes or something?"

"Our minister's got a point. We don't need a bad reputation."

"Mom and Dad are leaving — guess I'll go with them. They're trying a new restaurant tonight."

"OK." "See you." "Bye."

Next time you make a choice, consider how your decision will affect others — they're watching you! □

Hidden Enemy

(Continued from page 26)

are Spirit-guided by sound Spirit-mindedness — by God's Word — and the emotions are CONTROLLED, but not anesthetized. The emotionally grown-up DO express enthusiasm, JOY, happiness. They DO *feel* and express gratitude, reverence, adoration in their worship of God. They do feel and express compassion, mercy, sympathy.

God is a Spirit, and they that worship Him must worship IN SPIRIT and IN TRUTH. One cannot worship IN SPIRIT unless he has received and is led by God's Spirit. One cannot worship IN TRUTH without UNDERSTANDING of God's Word with a sound mind. But this kind of worship is not devoid of *feeling* and resultant emotional expression. Even though the emotion is *physical* reaction, it does truly *accompany* or *react from* true spiritual experience. But it is not a substitute for it.

The emotionally mature will properly express sympathy in a most sincere manner, from the heart. They will express, on occasion, when called for, sorrow, anguish, compassion. And they will also express good cheer, happiness, enthusiasm, zeal and that happiness that is brimful and running over, called JOY!

It sort of sums up, then, that the emotionally mature *combine* the controlled expression of emotion *with* physical health and an educated mind that is Spirit-begotten and Spirit-led, doesn't it? In other words, emotional maturity develops hand in hand with physical, mental and spiritual growth, the four blending into, finally, the perfect spiritual CHARACTER we were put here to become.

YOU probably have a long way yet to go. YOU will have a grave responsibility, if you have children, in their EMOTIONAL training as well as their physical health, mental education and spiritual guidance. We shall all be called to account some day. How will YOU answer? □

BY THE WAY...

How to Raise Your Parents

By Dexter H. Faulkner

"MY PARENTS ARE really out of it. They just don't understand me." "My mom never lets me do anything. She's so old-fashioned!" "Why do I always have to be in early when everybody else gets to stay out late?"

How often have you heard complaints like these about parents?

A teenager wrote *Youth 82* requesting an article on, as she put it, "how to deal with parental problems — that is, dealing with parents." Obviously her family life is not what she feels it should be. How about yours?

Family life important

In childhood up through our teenage years, we spend a lot of time at school, in church and with our friends. But we spend the greatest amount of time with our family. That's why it's important to do everything we can to make our home as pleasant a place as possible.

Making this effort at home will pay off in many ways. Not only will home be a more enjoyable place to be now, but our efforts will make a difference in the future as well. We'll find that all of our outside relationships will be more rewarding when we know everything's OK at home.

What can you do as a teenager if one of your parents

or both are "problem parents" for you? Can you change your parents? In a word, *No!* Don't even try. But you can change the way you respond to your parents; and if you do, they will be likely to change the way they respond to you.

It's like a game of chess or checkers. If your dad knows how you're going to move your players because you always play the game the same way, he doesn't have to change. But if you change your game plan, he will have to change his in response.

We affect the behavior of people around us more than we probably realize.

For instance, a dad tells his teenage son to be sure to be home by a certain time and the son agrees. But the deadline rolls by, then another half hour and still no word.

After another 15 minutes the son bounces in, says "Hi" to his parents and walks to his room. When his dad reminds him he is 45 minutes late, he makes a casual remark about forgetting to look at the clock and apologizes.

But what is happening? This teenager is teaching his parents not to trust him in the future. If he had changed his behavior, let's say by calling his folks before the prearranged time, his parents would have been learning to trust him more.



So first, realize that the way to change the other members of your family is to change yourself. If you work to become the best family member you can be, you'll notice a change in the rest of the family.

Watch your signals

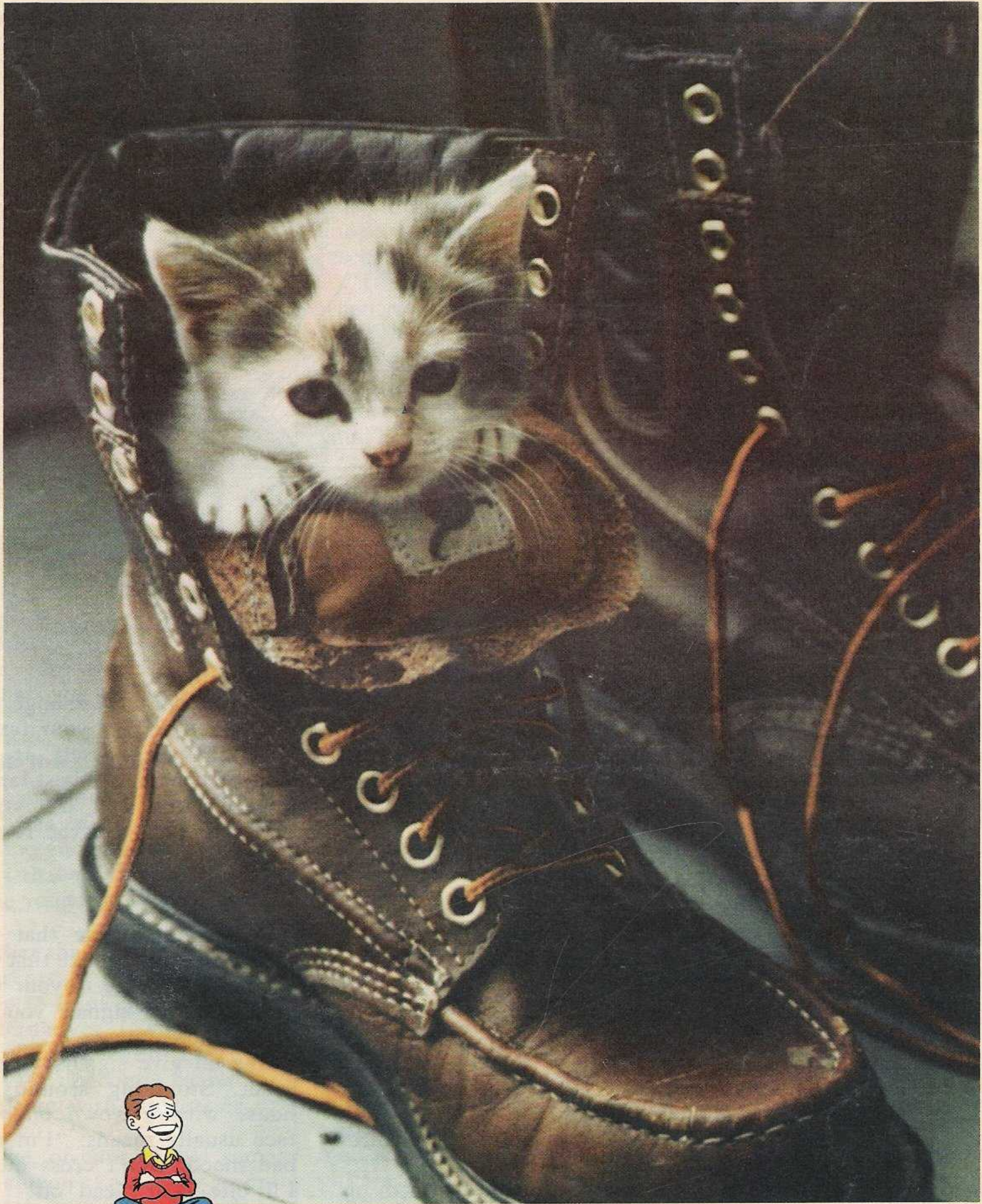
A second change that you might be able to make that will encourage change in your parents is in the signals you are giving them.

We all give signals to each other. Stomping around the house with a frown on your face usually means: "I'm in a bad mood. Don't cross me or I'll bite your head off!" We send signals with our actions, our expressions, our words and gestures, even our dress and appearance.

Think about your parents' reactions to you. Do they tend to respond a certain way rather consistently? For instance, when you are feeling tired and bored do they come on strong and accuse you of being lazy?

If you get defensive and
(Continued on page 28)

Illustration by Bruce Hedges



YOUTH ON CAMERA

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